



## **Annual Picnic and General Membership Meeting**

April 21, 2018

Agenda:

Lunch

Recognition of Senior Awards and  
Volunteerism

Award Presentations – Coaching Staff

Closing Remarks – Karen Sizemore

General Meeting – Karen Sizemore

Election of Board of Directors





RAYS Families,

It has been my pleasure and honor to serve as your President this year. It has been an amazing journey for me serving this year as President and as a board member for the last decade. It is truly humbling to think that the team has grown from one site to four amazing sites; from 80 swimmers to over 450 swimmers. In less than two years the team expanded to JRSSC, welcomed both former RPST and RAIDERS swimmers, and nearly doubled the number of meets our team hosts. Everyone (from coaches, board members, parents, and swimmers) contributed to the success of all this growth and transition. The RAYS will be celebrating their 40<sup>th</sup> anniversary next year and I am sure that those who stood up the team in 1979 had no idea what they had laid the foundation for.

We are fortunate to have such an amazing group of coaches that are so dedicated to the team and our swimmers. Thanks to all the parents that volunteer their time supporting the RAYS and the sacrifices that they make for their own and all the swimmers. I am humbled by our swimmers and the dedication that they have for this sport. I am so proud of our past to our current swimmers and all that they have accomplished from achieving personal goals, to achieving BB to Olympic trial cuts, to achieving goals both in and out of the pool.

Today we are currently the largest and fastest team in our area. I foresee and look forward to the RAYS continuing to grow, not only in size, but also as an elite, exclusive swim organization.

I know that the RAYS will continue to hold true to its values as a competitive swimming program for the youth of the Rappahannock area that encourages and emphasizes good sportsmanship, teamwork, self-discipline, and achievement of goals.

With my deepest sincere thanks to everyone who contributed to the success of the RAYS,

**GO RAYS!!!!!!**

Karen Sizemore, RAYS President

## *“Best of Luck to the Class of 2018”*

*“You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose. You’re on your own. And you know what you know. You are the guy who’ll decide where you go.” Dr. Seuss*



**Nick Ashton**  
George Mason University



**Hadley Baker**  
Roanoke College



**Erin Cronce**  
William & Mary



**James Darcy**  
Catholic University of America



**Bryce Dash**  
George Mason University



**Dylan Eichberg**  
Virginia Tech



**Sierra Gibson**  
Campbell University



**Cole Hensen**  
Roanoke College



**Zandy Knoke**  
Randolph-Macon College



**Ryland Leupold**  
Undecided



**Genna Ross**  
Seton Hall



**Jordan Shearer**  
Randolph-Macon College



**Emily Sizemore**  
University of Wyoming



**Joe Stephens**  
Randolph-Macon College



**Jacob Talkington**  
Undecided



**Cora Van Deusen**  
The Naval Academy



**Madilyn Walker**  
Virginia Tech



**Courtney Wolfgang**  
Undecided



## *Special Thanks to All Those Parents Who Volunteer to Officiate*

<u>Last</u>	<u>First</u>	<u>Club</u>	<u>Exp. Date</u>	<u>LSC Certifications</u>	<u>National Certifications</u>	<u>Level</u>
Bateman	Celeste	RAYS	12/31/2018	Stroke & Turn Chief Judge - Trainee	Stroke & Turn	N2
Bean	Julie	RAYS	12/31/2018	Stroke & Turn		
Fairfax	Bill	RAYS	12/31/2018	Stroke & Turn		
Floyd	Steve	RAYS	12/31/2018	Stroke & Turn	Stroke & Turn	N2
Graham	Roy	RAYS	12/31/2018	Stroke & Turn		
Hansen	Lana	RAYS	12/31/2018	Stroke & Turn		
Hinson	John	RAYS	12/31/2018	Stroke & Turn		
Huezo	Gonzo	RAYS	12/31/2018	Stroke & Turn		
Hunter	Carlarease	RAYS	12/31/2018	Stroke & Turn		
Hunter	George	RAYS	12/31/2018	Stroke & Turn Chief Judge Starter		
Leupold	Jenny	RAYS	12/31/2018	Stroke & Turn		
Macey	Tammy	RAYS	12/31/2018	Stroke & Turn		
Niesent	Brannon	RAYS	12/31/2018	Stroke & Turn		
O'Hara	Pete	RAYS	12/31/2018	Stroke & Turn Chief Judge Starter Referee/Deck Referee Timing Judge Timing Equipment Operator Timer	Stroke & Turn Chief Judge Starter Referee/Deck Referee	N2 N2 N2 N2
Sampson	Vicky	RAYS	12/31/2018	Stroke & Turn Chief Judge		
Sikora	Elyce	RAYS	12/31/2018	Stroke & Turn	Stroke & Turn	N2
Simons	Sherri	RAYS	12/31/2018	Stroke & Turn		
Sizemore	Michael	RAYS	12/31/2018	Stroke & Turn Chief Judge Starter Referee/Deck Referee Administrative Referee Timing Judge	Stroke & Turn Chief Judge Starter Referee/Deck Referee Administrative Referee	N3 N2 N2 N2 N2
Suhling	Stephanie	RAYS	12/31/2018	Stroke & Turn Chief Judge Starter Referee/Deck Referee Administrative Referee Clerk of Course Timing Judge	Stroke & Turn Chief Judge Starter Referee/Deck Referee	N3 N2 N2 N2
Thomason	Wayne	RAYS	12/31/2018	Stroke & Turn		
Watts	Colleen	RAYS	12/31/2018	Stroke & Turn		
Wineinger	Kent	RAYS	12/31/2018	Stroke & Turn Chief Judge Starter	Stroke & Turn	N3
Woodworth	Renee	RAYS	12/31/2018	Stroke & Turn Administrative Official		

# 2017-2018 Stingray Team Roster

## First Year Stingray Members:

Bella Allardice  
Alexys Anatol  
Ryann Anderson  
Leah Andrews  
Nancy Arevalo  
Gigi Avery  
Mackenzie Barfknecht  
Griff Barnum  
Seth Baseler  
Andrew Beecroft  
Owen Beecroft  
Isaac Bell  
Emily Bennett  
Kathryn Bennett  
Bronwyn Bergeron  
Julia Born  
Rita Born  
Hailey Bothel  
Christian Bove  
Charlotte Brooks  
Helen Brown  
Lily Bunn  
Naomi Burgee  
Lexi Burke  
Julia Bywaters  
Malachi Caballero  
Addy Carey  
Chase Catullo  
Hayden Chambers  
Abigail Chau  
Devin Clark  
Nick Clarkson  
Katelyn Cleaver  
Megan Cleaver  
Kiersten Coleman  
Kayla Conley  
Cameron Cook  
Ethan Crawford  
Aiden Crocker  
CJ Crocker  
Sara Cuomo  
Ethan Damon  
Chappy Daniels  
Graham Darcy  
Ella Dariyanani  
Hannah De Sir  
Roman De Sir  
Pablo Duarte  
Emma Duvall  
Ava Eddy  
Aly Eller  
Hannah Ellis  
Sophie Ellis  
Samantha Engel  
Allie Ernst  
Deborah Fairfax  
Evan Falk

Jeanie Graham  
Jimmy Granger  
Madelyn Graves  
AJ Green  
Sarah Green  
Adrienne Griffiths  
Sam Hagmaier  
Will Hagmaier  
Lina Hansen  
Ariana Harris  
Kristian Henderson  
Morgan Hildebrand  
Tyler Hildebrand  
Alison Ho  
Aiden Holland  
Caleb Howell  
Kate Howell  
Luke Howell  
Payton Huezo  
Abby Hunley  
Micah Hunt  
Dan Huynh  
Cameron Infante  
Andrew Johnson  
Matthew Johnson  
Sid Johnson  
Keegan Kaczmar  
Kathryn Kainu  
Jenna Kapp  
Gracen Kelley  
Ainsley Liggins  
Ethan Long  
Isabelle Long  
Jackson Lusk  
Marie Macaluso  
Mridula Manikandan  
Andrew Mann  
Isabella Mann  
Paloma Marcus  
Summer Massie  
Rylie McCloskey  
Brooklyn McGuin  
Grace McGuire  
Gabriella Mercurio  
Scott Michalik  
Adriana Minero  
Gabriel Mlynarski  
Ruby Moore  
Paul Morin  
Ethan Munoz  
Summer Munoz  
Scott Palo  
Charleigh Paluszak  
Zachary Pardee  
Declan Parker  
Sara Parker  
Alex Pechacek

Clara Preut  
Ellie Preut  
Brooke Radyshevsky  
Lacy Radford  
Landon Radford  
Jude Redford  
McKenna Riner  
Emma Grace Roberson  
Alexa Rosario  
Hailey Russett  
Adrie Ryan  
Nathan Ryan  
Sultan Salemi  
Alex Schroeder  
Evie Sherman  
Drew Sherwood  
Hannah Shin  
Carden Simons  
Anabelle Simons  
Madison Simons  
Emily Sizemore  
Bryce Smith  
Larkyn Sprake  
Katelyn Spuchesi  
Truss Stanley  
Aubrey Struder  
Alanna Surina  
Emmalynn Taylor  
Kira Taylor  
Jordan Thomason  
Wayne Thomason III  
Gabby Thompson  
Savannah Tucker  
Tyler Turner  
Juliana Vera  
Georgia Verbel  
Anna Visser  
Emily Waite  
Liam Wallace  
Andelyne Wangberg  
Carter Wasser  
Jill Wedding  
Emily Weeks  
Sarah Welch  
Colton White  
Maya Wick  
Brendan Williams  
Camden Williams  
Finnian Williamson  
Flannan Williamson  
Jayson Wofford  
Raegan Wood  
Tatum Wood  
Aiden Wright  
Nivia Wukovich  
Maya Xavier  
Tatiana Xavier

Ekaterina Forgette  
Evan Frey  
Nathan Frey  
Danny Gibbs  
Winston Glavach  
Luca Gomez

Eric Pelham  
Riley Pelletier  
Henry Phipps  
Alex Poley  
Katie Poley  
Maria Gomez

Cole Young  
Lance Young  
Pedro Zuniga

### **Second Year Stingray Members:**

Lauren Anderson  
Liam Anderson  
Ryan Anderson  
Sean Anderson  
Gabby Bartels  
Craig Bennett  
Ian Bennett  
Kevin Bennett  
Leo Besette  
Maddy Brown  
Morgan Brown  
Bella Burleson  
Vittorio Causarano  
Jesse Chewning  
Jackson Cooper  
Isabella Daniel  
Kennedy Darensbourg  
Caleb Dawson  
Paige Decamp  
Alyssa DePue  
Mason DePue  
Patrick DePue  
Bella Dono  
Leo Echevarria  
Corrinn Ford  
Alex Fortiz  
Abbey Gardiner  
Sierra Gibson  
Jacoby Green  
William Gutting  
AJ Harris

Peyton Hays  
Claire Hebertson  
Anna Henderson  
Jessica Hinson  
Katelyn Howell  
Kyle Jedlicka  
Mikayla Kainu  
London Kelson  
Michael Kratowicz  
Amber Kressler  
Noah Kyer  
Matthew Larus  
Joshua Lavender  
Andy Lee  
Callia Macey  
Thad Macey  
Thomas McCloskey  
Payton Meadows  
Brent Miller  
Lukas Miller  
Aina Nagata  
Airi Nagata  
Kaitlyn Niesent  
Lauren Niesent  
Austin Parker  
Owen Parker  
Morgan Parker  
Peyton Parker  
Brennan Paterson  
Mark Percy  
John Pearson  
Nathan Pechacek  
Tyler Pechacek

Garrett Peck  
Kyle Peck  
Hayley Pelland  
Tho Pham  
Will Platenik  
Morgan Pomrunk  
Austin Poorbaugh  
Brently Riner  
Aiden Rong  
Alice Sandoval  
Francesco Serafini  
Massimo Serafini  
Jordan Shearer  
Sami Sowers  
Lucy Stephens  
Sky Thacker  
Ben Thalman  
Priscilla Thomas  
Andrew Turbyfill  
Lucy Turner  
Rowan Turner  
Jonah Unruh  
Maddie Urian  
Cora Van Deusen  
Bianca Velez  
Tade Wangberg  
Ashton Watterson  
Landon Watterson  
Nolan Watts  
Mari Woodworth  
Camden Wright

### **Third Year Stingray Members:**

Lily Althouse  
Hadley Baker  
Kelsey Barnes  
Lou Barron  
Lowell Bertolet  
Isabel Born  
Joseph Born  
Sarah Born  
Brady Brennan  
Taylor Clark  
Dane Daniels  
Brody Davies  
Aleena De Sir  
Aaron Euker

Isabelle Fortiz  
Josh Gibbons  
Megan Gibbons  
Brittney Gonier  
Alex Goshorn  
Parker Hayungs  
Cole Hudak  
Trevor Hudson  
Katie Johnson  
Grace Joos  
Michael Krushinski  
Emery Lowe  
Annika Luce  
Takoda MacDougall

Teighan MacDougall  
Luke Martin  
Cristal Perdomo  
Kylie Platenik  
Hayden Rue  
Jake Smith  
Julia Smith  
Joe Stephens  
Leah Surina  
Jacob Talkington  
Sophie Tse  
Juliana Velez  
Davis Wheeler  
Shahin Yazdi



**Fourth Year Stingray Members:**

Laney Barnes  
Devin Bateman  
Alexander Beamon  
Allison Beamon  
Tre Burgee  
Savannah Duffy  
Alex Dzibela  
Mary Dzibela  
Robbie Howes  
Luke Johnson  
Elise Krushinski  
Kevin McGowan

Matthew McGowan  
Blake Miller  
Brian Miller II  
Claire Miller  
Nick Pacheck  
Aubrey Parker  
Keegan Parker  
Landon Perdue  
Sierra Poorbaugh  
Marie Sampson  
Brooke Simila  
Madeline Smith  
Andrew Spinnanger

Jack Spinnanger  
Julia Storen  
Ayla Surina  
Hannah Surina  
Gracelyn Taylor  
Morgan Taylor  
Macy Wilcox  
Paige Wilcox  
Morgan Williams  
Louis Wiltenmuth  
Courtney Wolfgang  
Kiyah Zahabi

**Fifth Year Stingray Members:**

Marleigh Althouse  
Madison Bean  
Kaylin Boutte  
Gunther Braendel  
Hannah Braendel  
Bryce Dash  
Matthew Earnhart

Regan Euker  
Emma Green  
Addie Kahn  
Smith Martin  
Thomas McGowan  
Lauren Meyer  
Peyton Meyer

Cayden Moore  
Ryan Moore  
Bridgette Pearson  
Ethan Skees  
Sophia Steska  
Tamara Wheeler  
Bryson Wright

**Sixth Year Stingray Members:**

Joey Barnes  
Emily Braendel  
Connor Brooks  
Kinsey Brooks  
Carlie Clements  
Erin Cronce  
Lily Eichberg

Gwyneth Frick  
Jakob Frick  
Kalina Frick  
Madison Gard  
Kenya Lawson  
Katelynn Maitland  
Makenna Moore  
Morgan Moore  
Reilly Moore

Luke Osleger  
Genevieve Ross  
William Ross  
Chloe Schmitz  
Alexander Storen  
Caroline Storen  
Daniel Thomas

**Seventh Year Stingray Members:**

Nick Ashton  
John Baroody  
Walker Berndt  
Logan Euker

Christopher Farrell  
Benjamin Hunter  
Jackson Hunter  
Preston Hunter  
Joey McDonnel

Liz Showers  
Alexis Thai-Nguyen  
Ethan Thai-Nguyen  
Hannah Tse

**Eighth Year Stingray Members:**

Moira Euker  
Natalie Szenas

Nicholas Thomas  
Fiona Williamson

Meg Williamson

**Ninth Year Stingray Members:**

Tessa Campbell  
Ben Eichberg  
Chase Hensen

Ryland Leupold  
John O'Hara  
Shay Walker  
Maddi Walker

Stephen Wallach Jr.  
Ashley Wang  
Helen Wang

**Tenth Year Stingray Members:**

Dylan Eichberg

Cole Hensen

**Eleventh Year Stingray Members:**

Michaela Sizemore

**Our Accomplishments for the 2017 Long Course and 2017-2018 Short Course Season:**



Currently Top 2.3% of Teams in USA Swimming  
(70<sup>th</sup> out of 3,011 Clubs)



**YMCA Swimming 2016-17 Top 10 Individual Rankings – Short Course**

**12 Year Old Girls:**

Ashley Wang – 200 Freestyle (7<sup>th</sup>), 200 I.M (4<sup>th</sup>)  
Tessa Campbell – 100 Breaststroke (10<sup>th</sup>), 200 Breaststroke (8<sup>th</sup>)

**14 Year Old Girls:**

Kinsey Brooks – 100 Breaststroke (1<sup>st</sup>), 200 Breaststroke (1<sup>st</sup>), 200 I.M (4<sup>th</sup>)  
Shay Walker – 100 Breaststroke (3<sup>rd</sup>), 50 Freestyle (9<sup>th</sup>)

**15 Year Old Girls:**

Michaela Sizemore – 1000 Freestyle (8<sup>th</sup>)

**18 Year Old Girls:**

Rheagan Horne – 200 Breaststroke (10<sup>th</sup>), 50 Freestyle (10<sup>th</sup>)  
Samantha Segrest – 1650 Freestyle (10<sup>th</sup>)

**13 Year Old Boys:**

William Ross – 100 Butterfly (7<sup>th</sup>), 100 Freestyle (10<sup>th</sup>), 200 Butterfly (8<sup>th</sup>), 50 Freestyle (8<sup>th</sup>)

**16 Year Old Boys:**

Dylan Eichberg – 100 Breaststroke (10<sup>th</sup>), 100 Butterfly (4<sup>th</sup>), 200 Breaststroke (4<sup>th</sup>), 200 Butterfly (2<sup>nd</sup>), 200 Freestyle (3<sup>rd</sup>), 200 I.M (1<sup>st</sup>)  
Ryland Leupold – 50 Freestyle (7<sup>th</sup>)

**17 Year Old Boys:**

Dylan Eichberg – 200 Breaststroke (4<sup>th</sup>), 200 Butterfly (1<sup>st</sup>), 200 I.M (2<sup>nd</sup>), 400 I.M (3<sup>rd</sup>)

## YMCA Swimming 2016-17 Top 16 Relay Rankings – Short Course

### 11-12 Girls:

11-12 Girls 200 Medley Relay – L. Anderson, C. Clements, A. Wang, K. Frick (12<sup>th</sup>)  
11-12 Girls 200 Freestyle Relay – L. Anderson, K. Frick, C. Clements, A. Wang (10<sup>th</sup>)  
11-12 Girls 400 Freestyle Relay – L. Anderson, C. Clements, K. Frick, A. Wang (10<sup>th</sup>)  
11-12 Girls 400 Medley Relay – C. Clements, A. Wang, L. Anderson, K. Frick (6<sup>th</sup>)

### 13-14 Girls:

13-14 Girls 400 Medley Relay – M. Heath, S. Walker, C. Perdomo, M. Wilcox (9<sup>th</sup>)  
13-14 Girls 200 Medley Relay – S. Walker, K. Brooks, C. Perdomo, B. Simila (7<sup>th</sup>)

### 13-14 Boys:

13-14 Boys 200 Freestyle Relay – W. Ross, L. Osleger, N. Pechacek, L. Johnson (6<sup>th</sup>)  
13-14 Boys 400 Freestyle Relay – W. Ross, L. Osleger, N. Pechacek, L. Johnson (9<sup>th</sup>)  
13-14 Boys 200 Medley Relay – L. Osleger, B. Eichberg, W. Ross, L. Johnson (8<sup>th</sup>)  
13-14 Boys 400 Medley Relay – L. Osleger, B. Eichberg, W. Ross, L. Johnson (11<sup>th</sup>)

### 15 & Over Boys:

15 & Over Boys 400 Freestyle Relay – R. Leupold, D. Eichberg, D. Peck, N. Ashton (15<sup>th</sup>)

## Stingray Members of the Virginia Swimming All Star Team

2017-2018 Short Course

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### 9-10 Girls:

Gwyneth Frick

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### 11-12 Girls:

Ashley Wang

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### 13-14 Boys:

Ben Eichberg

Jakob Frick

Will Ross

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### 17-18 Boys:

Nick Ashton

Dylan Eichberg

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## Stingray Team Records (Yards)

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### Short Course Yards – Female

10 & U	200 Fly	3:06.30	6-Jan-18	RAYS- VA	TAKODA MACDOUGALL at Stinger Invite
11-12	400 IM	4:35.89	14-Oct-17	RAYS- VA	ASHLEY WANG at RAYS Great Pumpkin Splash
13-14	1000 Free	10:30.25	1-Dec-17	RAYS- VA	ASHLEY WANG at VSTP Invite
	1650 Free	17:38.02	17-Nov-17	RAYS- VA	ASHLEY WANG at Swim & Rock
	200 Fly	2:08.57	8-Mar-18	RAYS- VA	ASHLEY WANG at AG Champs
	200 IM	2:07.23	8-Mar-18	RAYS- VA	ASHLEY WANG at AG Champs
	400 IM	4:31.67	8-Mar-18	RAYS- VA	ASHLEY WANG at AG Champs
15-16	500 Free	5:04.27	1-Mar-18	RAYS- VA	MICHAELA SIZEMORE at SR Champs
	1000 Free	10:20.83	1-Mar-18	RAYS- VA	MICHAELA SIZEMORE at SR Champs
	1650 Free	17:13.39	1-Mar-18	RAYS- VA	MICHAELA SIZEMORE at SR Champs
	200 IM	2:07.39	23-Feb-18	RAYS- VA	SHAY WALKER at Region Champs
17-18	100 Back	57.73	1-Mar-18	RAYS- VA	EMILY SIZEMORE at SR Champs
Senior	1000 Free	10:20.38	1-Mar-18	RAYS- VA	MICHAELA SIZEMORE at SR Champs
	1650 Free	17:13.39	1-Mar-18	RAYS- VA	MICHAELA SIZEMORE at SR Champs

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### Short Course Yards - Male

8 & U	500 Free	8:04.37	4-Nov-17	RAYS- VA	AARON EUKER at PWSC Fall Aqua Fest
13-14	200 Breast	2:11.40	22-Mar-18	RAYS- VA	JACOB FRICK at Sectionals
	100 Fly	52.71	8-Mar-18	RAYS- VA	WILL ROSS at AG Champs
	200 Free Relay	1:30.38	8-Mar-18	RAYS- VA	W. ROSS, B. EICHBERG, T. MCGOWAN, M. HUNT at AG Champs
	400 Free Relay	3:21.44	8-Mar-18	RAYS- VA	W. ROSS, L. EUKER, T. MCGOWAN, B. EICHBERG at AG Champs
	200 Medley Relay	1:42.39	8-Mar-18	RAYS- VA	B. EICHBERG, J. FRICK, W. ROSS, M. HUNT at AG Champs
	400 Medley Relay	3:44.59	7-Dec-17	RAYS- VA	J. SPINNANGER, B. EICHBERG, W. ROSS, M. HUNT at Marlins Invite
17-18	50 Free	20.81	13-Mar-18	RAYS- VA	NICK ASHTON at NCSA JN
	100 Free	45.68	13-Mar-18	RAYS- VA	NICK ASHTON at NCSA JN
	200 Free	1:39.97	7-Dec-17	RAYS- VA	DYLAN EICHBERG at Marlins Invite
	100 Breast	56.56	7-Dec-17	RAYS- VA	DYLAN EICHBERG at Marlins Invite
	100 Fly	50.05	7-Dec-17	RAYS- VA	DYLAN EICHBERG at Marlins Invite
	200 Fly	1:46.13	13-Mar-18	RAYS- VA	DYLAN EICHBERG at NCSA JN
	200 IM	1:48.85	13-Mar-18	RAYS- VA	DYLAN EICHBERG at NCSA JN
	Senior	50 Free	20.81	13-Mar-18	RAYS- VA
100 Free		45.68	13-Mar-18	RAYS- VA	NICK ASHTON at NCSA JN
100 Breast		56.56	18-Feb-18	RAYS- VA	DYLAN EICHBERG at Marlins Invite
200 Fly		1:46.13	13-Mar-18	RAYS- VA	DYLAN EICHBERG at NCSA JN
200 IM		1:48.85	13-Mar-18	RAYS- VA	DYLAN EICHBERG at NCSA JN
200 Free Relay		1:24.42	1-Mar-18	RAYS- VA	R. LEUPOLD, J. O'HARA, D. EICHBERG, N. ASHTON at SR Champs
400 Free Relay		3:07.06	13-Mar-18	RAYS- VA	R. LEUPOLD, D. EICHBERG, J. O'HARA, N. ASHTON at NCSA JN
800 Free Relay		6:55.59	7-Dec-17	RAYS- VA	D. EICHBERG, N. ASHTON, R. LEUPOLD, J. O'HARA at Marlins Invite
200 Medley Relay		1:35.10	1-Mar-18	RAYS- VA	R. LEUPOLD, J. O'HARA, D. EICHBERG, N. ASHTON at SR Champs
400 Medley Relay		3:27.32	7-Dec-17	RAYS- VA	R. LEUPOLD, D. EICHBERG, N. ASHTON, J. O'HARA at Marlins Invite

## Stingray Team Records (Meters)

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### Long Course Yards – Female

9-10	200 Breast	3:33.19	23-Jun-17	RAYS- VA	LILY EICHBERG at CGBD Invite
11-12	200 Free	2:12.66	9-Aug-17	RAYS- VA	ASHLEY WANG at Zones
	400 Free	4:36.52	9-Aug-17	RAYS- VA	ASHLEY WANG at Zones
	800 Free	9:34.33	20-Jul-17	RAYS- VA	ASHLEY WANG at AG Champs
	1500 Free	18:17.92	20-Jul-17	RAYS- VA	ASHLEY WANG at AG Champs
	50 Back	32.74	20-Jul-17	RAYS- VA	ASHLEY WANG at AG Champs
	100 Fly	1:07.57	20-Jul-17	RAYS- VA	ASHLEY WANG at AG Champs
	200 Fly	2:30.08	9-Aug-17	RAYS- VA	ASHLEY WANG at Zones
	200 IM	2:29.98	20-Jul-17	RAYS- VA	ASHLEY WANG at AG Champs
	400 IM	5:17.32	20-Jul-17	RAYS- VA	ASHLEY WANG at AG Champs
13-14	50 Free	27.96	23-Jun-17	RAYS- VA	SHAY WALKER at CGBD Invite
	100 Free	1:01.15	20-Jul-17	RAYS- VA	SHAY WALKER at AG Champs
	100 Breast	1:13.97	20-Jul-17	RAYS- VA	KINSEY BROOKS at AG Champs
	200 IM	2:29.60	20-Jul-17	RAYS- VA	KINSEY BROOKS at AG Champs
	400 Free Relay	4:15.15	20-Jul-17	RAYS- VA	M. WILCOX, C. PERDOMO, K. BROOKS, S. WALKER at AG Champs
	200 Medley Relay	2:08.21	20-Jul-17	RAYS- VA	S. WALKER, K. BROOKS, M. WILCOX, C. PERDOMO at AG Champs
	400 Medley Relay	4:40.43	20-Jul-17	RAYS- VA	S. WALKER, K. BROOKS, C. PERDOMO, M. WILCOX at AG Champs
17-18	100 Free	1:00.42	20-Jul-17	RAYS- VA	ASHLEY PEARSON at SR Champs
	400 Free	4:38.56	20-Jul-17	RAYS- VA	ASHLEY PEARSON at SR Champs

### Long Course Yards – Male

9-10	800 Free	11:37.99	23-Jun-17	RAYS- VA	FRANCESCO SERAFINI at CGBD Invite
13-14	200 Breast	2:33.42	20-Jul-17	RAYS- VA	JAKOB FRICK at AG Champs
	200 Medley Relay	2:00.88	20-Jul-17	RAYS- VA	J. SPINNANGER, J. FRICK, W. ROSS, T. MCGOWAN at AG Champs
	400 Medley Relay	4:26.24	20-Jul-17	RAYS- VA	J. SPINNANGER, J. FRICK, W. ROSS, L. OSLEGER at AG Champs
17-18	200 Breast	2:33.97	20-Jul-17	RAYS- VA	DYLAN EICHBERG at SR Champs
Senior	100 Breast	1:04.74	2-Aug-17	RAYS- VA	JAKE BALL at U.S. Open Swimming Champs
	200 Breast	2:22.76	2-Aug-17	RAYS- VA	JAKE BALL at U.S. Open Swimming Champs
	200 Free Relay	1:38.83	20-Jul-17	RAYS- VA	N. ASHTON, D. EICHBERG, R. LEUPOLD, D. PECK at SR Champs
	200 Medley Relay	1:50.80	20-Jul-17	RAYS- VA	D. PECK, J. BALL, D. EICHBERG, N. ASHTON at SR Champs
	400 Medley Relay	3:59.80	20-Jul-17	RAYS- VA	D. PECK, J. BALL, D. EICHBERG, N. ASHTON at SR Champs

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## 2017 – Long Course Championship Qualifiers

### 2017 MR Eastern Zone LC Championship

Collegiate School Aquatics Center, Richmond, Virginia

August 9-12, 2017

Moirra Euker	Kyle Floyd	Madeline Urian
Kyle Floyd	Ashley Wang	

### 2017 USA Swimming Futures Championships

SPIRE Institute, Geneva, Ohio

August 3-6, 2017

Nick Ashton	Rheagan Horne	Dylan Peck
Jake Ball	Ryland Leupold	Michaela Sizemore
Kinsey Brooks	Lexi Osleger	Joe Stephens
Dylan Eichberg	Ashley Pearson	Shay Walker

### 2017 VSI Age Group Champs – Long Course

Christiansburg Aquatic Center, Christiansburg, Virginia

July 20-23, 2017

Joseph Barnes	Kalina Frick	Kyle Peck
Laney Barnes	Chase Hensen	Cristal Perdomo
John Baroody	Cole Hudak	Landon Perdue
Kinsey Brooks	Trevor Hudson	Will Ross
Tessa Campbell	Jackson Hunter	Francesco Serafini
Carlie Clements	Lucas Johnson	Massimo Serafini
Kennedy Darensbourg	Kenya Lawson	Brooke Simila
Caleb Dawson	Takoda MacDougall	Jack Spinnanger
Ben Eichberg	Kevin McGowan	Hannah Tse
Lily Eichberg	Thomas McGowan	Andrew Turbyfill
Logan Euker	Lauren Meyer	Shay Walker
Gwyneth Frick	Luke Osleger	Ashley Wang
Jakob Frick	Keegan Parker	Macy Wilcox

### 2017 VSI Senior Champs – Long Course

Jeff Rouse Swim and Sport Center, Stafford, Virginia

July 20-23, 2017

James Anibal	Alexandra Neilan	Joseph Stephens
Nick Ashton	John O'Hara	Caroline Storen
Jake Ball	Lexi Osleger	Jacob Talkington
Isabel Born	Brennan Paterson	Madeline Urian

Connor Brooks	Carolyn Paterson	Cora Van Deusen
Alexa Collins	Ashley Pearson	Madilyn Walker
Dylan Eichberg	Dylan Peck	Stephen Wallach Jr.
Moira Euker	Natalia Perdomo	Caroline Wanner
Christopher Farrell	Genevieve Ross	Tamara Wheeler
Kyle Floyd	Alice Sandoval	Davis Wheeler
Parker Hayungs	Samantha Segrest	Juliet Whitman
Andy Lee	Jordan Shearer	Mary Williamson
Ryland Leupold	Elizabeth Showers	Courtney Wolfgang
Colin McKinnon	Karah Sizemore	Katrina Yankovich
Makenna Moore	Michaela Sizemore	

### 2018 – Short Course Championship Qualifiers

#### 2018 Speedo Championship Series – Eastern Zone Southern Region Sectional Meet

Christiansburg Aquatic Center; Christiansburg, Virginia

March 23-25, 2018

Jakob Frick	Lucas Johnson	Gabriel Thompson
	Cristal Perdomo	Tamara Wheeler

#### 2018 NCSA Swimming Championships – Short Course

Orlando YMCA Aquatic Center; Orlando, Florida

March 13-17, 2018

Nick Ashton	Ryland Leupold	Joseph Stephens
Kinsey Brooks	John O'Hara	Caroline Storen
Dylan Eichberg	Emily Sizemore	Shay Walker

#### 2018 VSI Age Group Champs – Short Course

Christiansburg Aquatic Center, Christiansburg, Virginia

March 8-11, 2018

Lauren Anderson	Claire Hebertson	Kyle Peck
Ryan Anderson	Trevor Hudson	Eric Pelham
Laney Barnes	Micah Hunt	Cristal Perdomo
Madison Bean	Benjamin Hunter	Landon Perdue
Kaylin Boutte	Jackson Hunter	Will Ross
Tessa Campbell	Kathryn Johnson	Chloe Scmitz
Nicholas Clarkson	Noah Kyer	Francesco Serafini
Carlie Clements	Kenya Lawson	Ethan Skees
Ben Eichberg	Annika Luce	Samantha Sowers
Lily Eichberg	Takoda MacDougall	Madeline Smith
Logan Euker	Kevin McGowan	Andrew Spinnanger
Regan Euker	Thomas McGowan	Jonah Unruh
Alexander Fortiz	Lauren Meyer	Ashley Wang
Jakob Frick	Cayden Moore	Carter Wasser

Daniel Gibbs	Nicholas Pacheck	Landon Watterson
Jean Graham	Zachary Pardee	Lance Young
James Granger	Keegan Parker	
Sarah Green	Mark Percy	

**2018 VSI Senior Champs – Short Course**

Collegiate School Aquatic Center, Richmond, Virginia

March 1-4, 2018

Nick Ashton	Jenna Kapp	Emily Sizemore
Hadley Baker	Victor Kontopanos	Michaela Sizemore
Kevin Bennett	Michael Kyer	Jack Spinnanger
Isabel Born	Jane Lawing	Joseph Stephens
Connor Brooks	Andy Lee	Caroline Storen
Kinsey Brooks	Ryland Leupold	Jacob Talkington
Kennedy Darensbourg	Makenna Moore	Gabriel Thompson
Aleena De Sir	Kaitlyn Niesent	Andrew Turbyfill
Dylan Eichberg	John O'Hara	Madeline Urian
Moira Euker	Luke Osleger	Cora Van Deusen
Christopher Farrell	Brennan Paterson	Madilyn Walker
Corrinn Ford	Natalia Perdomo	Shay Walker
Parker Hayungs	Genevieve Ross	Stephen Wallach Jr.
Chase Hensen	Alice Sandoval	Tamara Wheeler
Cole Hensen	Jordan Shearer	Davis Wheeler
Cole Hunter Jr.	Elizabeth Showers	Macy Wilcox
Lucas Johnson	Brooke Simila	Courtney Wolfgang