



Annual Picnic and General Membership Meeting

May 23, 2021

Agenda:

General Meeting – Mike Johnson
Election of Board of Directors – Mike Johnson
Lunch
Scholarship Winners – Kristen Baroody
Recognition of Seniors' Awards – SR Staff
Swimmer Award Presentations – Coaching Staff
Closing Remarks – Mike Johnson





Hello RAYS Families-

It is always enjoyable to hold our annual picnic each spring, but this year's picnic is especially significant. With your help and support, and the key leadership of Coaches Bob and Anthony, our organization has navigated through the most challenging period in club history. This time last year we were dealing with a tremendous number of constantly evolving variables trying to figure out how best to manage the club amidst the worst pandemic in over a century. I recognize that it created uncertainty and stress for our swimmers, our swim families, the coaching staff and the team leaders. But, the support, encouragement and patience that all of you gave was absolutely tremendous. Thank you.

Speaking as a parent, we all share the same goal of seeing our kids develop as swimmers and to have fun in the pool. This team has meant so much to our family and this past year proved what an exceptional group of people we have at the RAYS. One of the key elements that stands out with the RAYS is the tremendous volunteer support. Thank you to everyone for donating your time, talents and energy to ensuring that the swimmers were still able to practice and compete in spite of the COVID restrictions.

This year is also a special year as we celebrate the decades both Coach Bob and Carol Rowlands have invested in the RAYS. Through his leadership and dedication, Coach Bob has grown the RAYS from a single pool with less than 90 swimmers to a club comprised of over 450 swimmers with four locations and with a national ranking of 56th this year. Coach Anthony continues to carry this momentum forward for the foreseeable future. Carol Rowlands served as the RAYS' dedicated bookkeeper for 15 years. She was the magic behind the curtain – simultaneously keeping track of dozens of responsibilities with grace and efficiency. Carol will be greatly missed and we wish her a wonderful retirement. However, we are blessed to have the talents and skills of Debby Martinich as the team's new bookkeeper. Please join me in welcoming Debby.

Helping us to manage the onslaught of COVID related issues was the RAYS Covid Task Force (RCTF), led by Libby Unruh. This special team of volunteers worked cohesively to address COVID issues and to ensure the RAYS' procedures and protocols kept our swimmers, swim families, coaches and shared facilities safe. They were the dedicated volunteers who went to work immediately when any COVID related issue arose. Thank you all: Libby, Coach Bob, Coach Anthony, Michael Kainu and Janice Luce.










We all look forward to the return of "normalcy" as we end this swim season and start looking towards next season, but we take with us some great memories. Thank you again for making the 2020-2021 swim year a successful one.











Best Wishes-
Mike







Michael Johnson
RAYS Board President

“Best of Luck to the Class of 2021”

"You must have some vision for your life. Even if you don't know the plan, you have to have a direction in which you choose to go." Oprah

	Maddy Brown University of Delaware
	Ethan Crawford Germania Community College
	Isabella Daniel United States Air Force Academy
	Gabby DeCrisci St Mary's College of Maryland
	Aleena De Sir Rider University
	Logan Euker University of Hawaii
	Jimmy Granger West Virginia Tech
	Ali Hassan Texas Tech University
	Chase Hensen Washington College

	<p>Jessica Hinson University of Mary Washington</p>
	<p>Jenna Kapp Virginia Polytechnic Institute</p>
	<p>Jackson Lusk United States Merchant Marine Academy</p>
	<p>Thomas McGowan Rensselaer Polytechnic Institute</p>
	<p>Lauren Meyer Case Western</p>
	<p>Luke Osleger Washington and Lee</p>
	<p>Peyton Parker Coastal Carolina</p>
	<p>Bridgette Pearson Catawba</p>
	<p>Cristal Perdomo Barton College</p>
	<p>Massimo Serafini College of Southern Maryland</p>

	<p>Jack Spinnanger University of Virginia</p>
	<p>Ethan Thai-Nguyen Louisiana State University</p>
	<p>Andrew Turbyfill Merchant Marine Academy</p>
	<p>Carter Wasser Virginia Military Institute</p>
	<p>Isabel Willis University of Mary Washington</p>
	<p>Marissa Woodworth Scripps College</p>



Special Thanks to All Those Parents Who Volunteer to Officiate

<u>Last</u>	<u>First</u>	<u>Club</u>	<u>Exp. Date</u>	<u>LSC Certifications</u>	<u>National Certifications</u>	<u>Level</u>
Anderson	Karl	RAYS	12/31/2021	Administrative Official		
Baroody	Kristen	RAYS	12/31/2021	Stroke & Turn		
Bean	Julie	RAYS	12/31/2021	Stroke & Turn Chief Judge Starter - Trainee		
Davies	Robert	RAYS	12/31/2021	Stroke & Turn Chief Judge - Trainee		
Dugan	Pat	RAYS	12/31/2021	Stroke & Turn Chief Judge		
Dykman	Micah	RAYS	12/31/2021	Computer Operator		
Emery	Rich	RAYS	12/31/2021	Stroke & Turn Chief Judge - Trainee		
Fairfax	Bill	RAYS	12/31/2021	Stroke & Turn Chief Judge Starter Administrative Official - Trainee	Stroke & Turn	N2
Floyd	Steve	RAYS	12/31/2021	Stroke & Turn	Stroke & Turn	N2
Hinson	John	RAYS	12/31/2021	Stroke & Turn Chief Judge Starter		
Hubbard	Megan	RAYS	12/31/2021	Stroke & Turn Chief Judge - Trainee Starter Administrative Official		
Huezo	Gonzo	RAYS	12/31/2021	Stroke & Turn Starter		
Hunter	George	RAYS	12/31/2021	Stroke & Turn Chief Judge Starter Referee/Deck Referee		
Janey	Dave	RAYS	12/31/2021	Stroke & Turn Chief Judge - Trainee		
Kainu	Mike	RAYS	12/31/2021	Stroke & Turn Chief Judge - Trainee Starter		
Kapp	Bernie	RAYS	12/31/2021	Administrative Official Timing Equipment Operator		
Kelley	Shawn	RAYS	12/31/2021	Stroke & Turn Chief Judge - Trainee		
Kratowicz	Jeff	RAYS	12/31/2021	Stroke & Turn		
Muhlenkamp	Jennifer	RAYS	12/31/2021	Stroke & Turn		
Niesent	Brannon	RAYS	12/31/2021	Stroke & Turn		
O'Hara	Pete	RAYS	12/31/2021	Stroke & Turn Chief Judge Starter Referee/Deck Referee Timing Equipment Operator - Trainee	Stroke & Turn Chief Judge Starter Referee/Deck Referee	N3 N2 N2 N2

<u>Last</u>	<u>First</u>	<u>Club</u>	<u>Exp. Date</u>	<u>LSC Certifications</u>	<u>National Certifications</u>	<u>Level</u>
Pearcy	Agnes	RAYS	12/31/2021	Administrative Official		
Poley	Karla	RAYS	12/31/2021	Administrative Official		
Rangel	Mary	RAYS	12/31/2021	Stroke & Turn		
Sikora	Elyce	RAYS	12/31/2021	Stroke & Turn Chief Judge Starter	Stroke & Turn	N2
Sizemore	Karen	RAYS	12/31/2021	Administrative Official Computer Operator Timing Equipment Operator		
Sizemore	Michael	RAYS	12/31/2021	Stroke & Turn Chief Judge Starter Referee/Deck Referee Administrative Referee Timing Judge	Stroke & Turn Chief Judge Starter Referee/Deck Referee Administrative Referee	N3 N2 N2 N2 N2
Sowers	Chris	RAYS	12/31/2021	Stroke & Turn Chief Judge - Trainee		
Sowers	Stephaine	RAYS	12/31/2021	Stroke & Turn Chief Judge - Trainee		
Suhling	Stephanie	RAYS	12/31/2021	Stroke & Turn Chief Judge Starter Referee/Deck Referee Administrative Referee Open Water Referee Open Water Judge Clerk of Course	Stroke & Turn Chief Judge Starter Referee/Deck Referee	N3 N2 N2 N2
Taylor-Park	Bobbi	RAYS	12/31/2021	Stroke & Turn Chief Judge - Trainee		
Thomason	Debbie	RAYS	12/31/2021	Stroke & Turn Administrative Official - Trainee Computer Operator - Trainee		
Thomason	Wayne	RAYS	12/31/2021	Stroke & Turn Starter - Trainee		
Watts	Colleen	RAYS	12/31/2021	Stroke & Turn Chief Judge Starter	Stroke & Turn	N2
Weeks	Dawn	RAYS	12/31/2021	Stroke & Turn Chief Judge Starter - Trainee		

2020-2021 Stingray Team Roster

Twelfth Year Stingrays:

Tessa Campbell

Ben Eichberg

Chase Hensen

Eleventh Year Stingrays:

Ashley Wang

Fiona Williamson

Tenth Year Stingrays:

John Baroody
Benjamin Hunter
Alexis Thai-Nguyen

Logan Euker
Joey McDonnell
Hannah Tse

Jackson Hunter
Ethan Thai-Nguyen

Ninth Year Stingrays:

Kinsey Brooks
Gwyneth Frick
Luke Osleger

Carlie Clements
Kalina Frick
Daniel Thomas

Lily Eichberg
Kenya Lawson

Eight Year Stingrays:

Madison Bean
Smith Martin
Peyton Meyer
Ethan Skees

Regan Euker
Thomas McGowan
Ryan Moore

Emma Green
Lauren Meyer
Bridgette Pearson

Seventh Year Stingrays:

Allison Beamon
Savannah Duffy
Kevin McGowan
Brian Miller II
Landon Perdue
Julia Storen

Alexander Beamon
Elise Krushinski
Blake Miller
Nick Pacheck
Jack Spinnanger
Louis Wiltenmuth

Kaylin Boutte
Matthew McGowan
Claire Miller
Keegan Parker
Andrew Spinnanger
Kiyah Zahabi

Sixth Year Stingrays:

Brady Brennan
Brody Davies
Josh Gibbons
Trevor Hudson
Takoda MacDougall

Taylor Clark
Aleena De Sir
Alex Goshorn
Katie Johnson
Teighan MacDougall

Dane Daniels
Aaron Euker
Cole Hudak
Annika Luce
Luke Martin

Cristal Perdomo

Kylie Platenik

Sophie Tse

Fifth Year Stingrays:

Liam Anderson
Ian Bennett
Jesse Chewning
Paige Decamp
Claire Hebertson
Mikayla Kainu
Noah Kyer
Lauren Niesent
Morgan Parker
Tyler Pechacek
Sami Sowers
Landon Watterson
Mari Woodworth

Emma Barron
Morgan Brown
Isabella Daniel
Abbey Gardiner
Anna Henderson
London Kelson
Brent Miller
Owen Parker
Peyton Parker
Garrett Peck
Andrew Turbyfill
Ashton Watterson

Craig Bennett
Maddy Brown
Caleb Dawson
Peyton Hays
Jessica Hinson
Michael Kratowicz
Lukas Miller
Austin Parker
Mark Pearcy
Kyle Peck
Jonah Unruh
Nolan Watts

Fourth Year Stingrays:

Gigi Avery
Kathryn Bennett
Malachi Caballero
Makayla Conley
Julius Davis
Ava Eddy
Sophie Ellis
Danny Gibbs
AJ Green
Ariana Harris
Alison Ho
Caleb Howell
Abby Hunley
Jenna Kapp
Jackson Lusk
Summer Massie
Paul-Anthony Morin
Scott Palko
Alex Pechacek
Emma Grace Roberson

Isabel Barody
Bronwyn Bergeron
Abigail Chau
Cameron Cook
Hannah De Sir
Aly Eller
Samantha Engel
Jimmy Granger
Caroline Hale
Kristian Henderson
Aiden Holland
Luke Howell
Sid Johnson
Gracen Kelley
Andrew Mann
Brooklyn McGuin
Summer Munoz
Declan Parker
Maria Poley
Adrie Ryan

Seth Baseler
Naomi Burgee
Nick Clarkson
Ethan Crawford
Roman De Sir
Hannah Ellis
Evan Frey
Sarah Green
Marie Han
Morgan Hildebrand
Kate Howell
Payton Huevo
Kathryn Kainu
Isabelle Long
Isabella Mann
Gabriella Mercurio
Ethan Munoz
Sara Parker
Katie Poley
Nathan Ryan

Troy Saleigh
Hannah Shin
Carden Simons
Jordan Thomason
Carter Wasser
Colton White
Maya Xaviar

Leah Shafer
Anabelle Simons
Katelyn Spuchesi
Wayne Thomason III
Jillian Wedding
Maya Wick
Tatiana Xaviar

Alyx Shafer
Madison Simons
Aubrey Struder IV
Georgia Verbel
Emily Weeks
Raegan Wood

Third Year Stingrays:

Tristan Avery
Isaac Bodge
Ezra Burgee
Khloe Cannedy
Kenley Dodson
Evan Fairfax
Kendrick Green
Natalie Hidrobo
Joleen Johnson
Lily Knerr
Maddy Lange
Griffin Lusk
Paityn Morin
Peighton Redding
Carlos Sanchez-Zapata
Nik Skuce
Lizzy Struder
Benjamin Thalman
Brady Thurston
Cameron Weston
Evan Willis
Alleigh Zetty

Isaac Bell
Jake Brown
Christopher Bylund
Alexa Chipps
Taylor Dugan
Carly Ford
Connor Hamburger
Jason Ho
Claire Kaiman
Leah Krushinski
Xander Lee
Maddy Majeski
Blake Morin
Gabbie Ryan
Lily Shay
Aden Stephens
Luke Taylor
Christopher Thomas
Ben Valentine
Janie Whatley
Isabel Willis

Logan Biel
Lily Bunn
Sam Calder
Isabella Dicola
Amelia Dugan
Katie Gibbs
Charlotte Harris
Isabelle Humphreys
Lina Kaya
Ava Krushinski
Ethan Long
Farid Mandour
Addison Muhlenkamp
Samantha Ryan
Brynlee Simons
Liam Stephens
Josie Taylor
Stephen Thrasher
Damian Vidals
Sami Williams
Levee Winborne

Second Year Stingrays:

Kaitlyn Adams
Natalie Beggan
Jillian Bertoldi
Peyton Carey
Sophia Connolly

Julian Ayala
Kennedy Beggan
Claire Boetig
William Coffey
Scarlett Connolly

Elise Baril
Baileigh Bergeron
Noah Buttram
Thomas Coffey
Colton Cooper

Joe DeCrisci
Derek Dykman
Brooke Flynn
Gabriel Garalde
Lily Green
Marshall Higgins
Trinity Hopwood
Bree Johnson
Asher Joseph
Justin Kim
Tyler Kopp
Emery Linthicum
Emily Miles
Molly Miller
Anthony Mugavero
Eduardo Olivares
Sophia Penton
Abigail Roche
Olivia Sardos
Merrick Simons
Caroline Stapleton
Carter Theado
Ciara Whaley
Emma Williams
Tiffany Yawgel

Gabby DeCrisci
Piper Eddy
Gray Flynn
Julia Garalde
Abbie Hawkins
Kayden Hitt
Kira Howell
London Jones
Katherine Kaza
Mitchell Kim
Kevin Krushinski
Tate MacDougall
Allyson Miles
Evie Miller
Daniel Olivares
Matthew Palko
Jack Quinton
Violet Rosero
Joey Sardos
Olivia Spraggins
Jayden Sung
Iris Torres
Riley Williams
Liam Wittwer

Marianne D'Sa
Deion Evans
Sara Gallen
Madelynn Gordon
Dylan Henderson
Carter Holland
Sawyer Janey
Ian Jones
Olivia Kim
Trevor Kin
Savannah Lerch
Lorelei McCormick
Cate Miller
Nicole Morales
Noelia Olivares
Isabella Penton
Mia Rangel
Cecie Ryan
Ryland or Ry Seale
Tate Spraggins
Andrew Sung
Dom Villanueva
Jake Williams
Benjamin Wittwer

First Year Stingrays:

Franco Abud
Emma Anderson
Audrey Boetig
Alexa Borgelt
Savannah Buttram
Gabriel Courtney
Adrianna Dimmer
Carter Eberle
Mckenzie Ellis
Butler Frank
Lucas Gran

Charlotte Anderson
Ryan Anderson
Charlotte Bolduc
Piper Bourne
Connor Cardoso Matthews
Amelie Cummings
Evangelina Drake
Kate Eberle
Rowan Ellsworth
Chloe Gabrielson
Faly Green

Cora Anderson
Braeden Berry
Logan Bolduc
Emma Buttram
Kathryn Ceser
Isabella Diaz
Brennan Duffy
Samuel Echezona
Katlyn England
Rachel Goldberg
Jackson Greene

Isaac Ham
Ali Hassan
Will Heiken
Tristan Hopkins
Emma Howes
Charis Hughes
Kennedy Hunt
J / Jonathan Jackson
Nathan Johnson
Aya Karouane
Ellie Kopp
Everly Laging
Sarah Lawson
Destiny Lewis
Liam Long
Lizzie McGhee
Shaun Miles
Ethan Mugavero
Jackson Perry
Hannah Phillips
Brian Potvin II
Buster Quinn
Isabella Salas
Jack Scharf
Julia Smith
Hayden Spraggins
Falon Vargo
Wade Wilkins
Ava Wright

Jacob Ham
Garrett Haughton
Max Hirons
Greyson Hopper
Zack Hubbard
Titania Hughes
Stafford Hunt
Allison Johnson
Michelle Jurado
Brycen Kelley
Ella Krushinski
Jackson Landry
Rowen Lee
Tristan Loesche
Mia Luna-Victoria
Lily McIntyre
Jacob Morales
Gaetan Nlom Ndjel Ndjewel
William Perry
Collin Platts
Nate Puchalski
Mia Roberto
Marc Salas
Lauren Shirley
Maddie Smith
Jake Taylor
Landon Walker
Addison Wright

Lauren Harris
Paige Heiken
Sophie Hopkins
Lucas Howe
Bica Huezo
Leah Humphreys
Amanda Grace Jackson
Bryce Johnson
Ali Karouane
Evelyn Knerr
Gunnar Lach
Olivia Lanham
Lennox Lerch
Lainey Long
Channing Mayer
Lucas Merida
Madelyn Morales
Aurora Pagan
Aaliyah Peterson
Delia Potvin
Bertie Quinn
Carter Rusden
Presley Saldana
Ella Smith
Aidan Snow
Morgan Taylor
Aiden Weis
Aiden Wright



Currently Top 1.8% of Teams in USA Swimming
(56th out of 3,011 Clubs)

Our Accomplishments for the 2018-2021 Short Course Seasons, and the 2019 Long Course Season:



YMCA Swimming 2018-19 Top 10 Individual Rankings – Short Course

11 Year Old Girls:

Gwyneth Frick – 200 Freestyle (7th), 500 Freestyle (4th)

15 Year Old Girls:

Tessa Campbell – 200 Breaststroke (6th)

16 Year Old Girls:

Kinsey Brooks – 100 Breaststroke (8th), 200 Breaststroke (7th)
Kennedy Darenbourg 1650 Freestyle (9th)

17 Year Old Girls:

Michaela Sizemore – 1000 Freestyle (9th), 1650 Freestyle (4th), 400 IM (9th)

18 Year Old Girls:

Gabriela Thompson – 1000 Freestyle (10th)

12 Year Old Boys:

Lance Young – 50 Breaststroke (9th)

13 Year Old Boys:

Regan Euker – 1650 Freestyle (10th)
Benjamin Hunter – 1650 Freestyle (9th)
Kevin McGowan – 1000 Freestyle (9th)

14 Year Old Boys:

Trevor Hudson – 1650 Freestyle (10th)

15 Year Old Boys:

Benjamin Eichberg – 100 Breaststroke (5th), 200 Breaststroke (2nd)
William Ross – 50 Freestyle (2nd), 100 Freestyle (6th), 100 Butterfly (2nd)

16 Year Old Boys:

Lucas Johnson – 50 Freestyle (5th), 100 Freestyle (3rd), 200 Freestyle (2nd), 500 Freestyle (7th), 100 Butterfly (5th), 200 Butterfly (8th)

YMCA Swimming 2018-19 Top 16 Relay Rankings – Short Course

11-12 Girls:

200 Freestyle Relay – G. Frick, K. Boutte, S. Green, L. Eichberg (7th)
400 Freestyle Relay – L. Eichberg, G. Frick, T. MacDougall, S. Green (6th)
200 Medley Relay – K. Boutte, L. Eichberg, M. Althouse, S. Green (6th)
400 Medley Relay – K. Boutte, L. Eichberg, M. Althouse, S. Green (8th)

13-14 Girls:

200 Freestyle Relay – N. Hidrobo, A. Luce, K. Frick, C. Clements (10th)
400 Freestyle Relay – J. Graham, K. Frick, C. Clements, M. Macaluso (11th)
800 Freestyle Relay – C. Clements, K. Frick, A. Luce, F. Williamson (9th)
400 Medley Relay – C. Clements, T. Campbell, J. Graham, K. Frick (8th)

11-12 Boys:

200 Freestyle Relay – L. Young, L. Miller, F. Serafini, P. Morin (7th)
400 Freestyle Relay – F. Serafini, L. Miller, N. Kyer, L. Young (8th)
200 Medley Relay – F. Serafini, L. Young, K. Henderson, N. Kyer (13th)
400 Medley Relay – F. Serafini, L. Young, N. Kyer, L. Miller (9th)

13-14 Boys:

400 Freestyle Relay – T. Hudson, A. Green, J. Baroody, K. McGowan (12th)
800 Freestyle Relay – T. Hudson, K. McGowan, J. Unruh, J. Baroody (8th)
200 Medley Relay – J. Baroody, C. Young, T. Hudson, K. McGowan (16th)
400 Medley Relay – J. Baroody, C. Young, T. Hudson, K. McGowan (11th)

15-18 Boys:

200 Freestyle Relay – L. Johnson, W. Ross, B. Eichberg, J. O'Hara (7th)
400 Freestyle Relay – B. Eichberg, L. Johnson, W. Ross, J. O'Hara (12th)
800 Freestyle Relay – L. Johnson, B. Eichberg, J. O'Hara, W. Ross (12th)

YMCA Swimming 2019 Top 10 Individual Rankings – Long Course

11 Year Old Girls:

Laney Barnes – 50 Freestyle (8th), 200 Freestyle (7th), 50 Backstroke (9th), 50 Breaststroke (3rd), 100 Breaststroke (4th), 200 IM (6th)

12 Year Old Girls:

Lily Eichberg – 200 Freestyle (3rd), 100 Breaststroke (10th), 200 IM (7th)

16 Year Old Girls:

Cristal Perdomo – 200 Butterfly (10th)

11 Year Old Boys:

Nicholas Clarkson – 50 Freestyle (9th)
Landon Perdue – 50 Breaststroke (6th), 50 Butterfly (10th)

12 Year Old Boys:

Joseph Barnes – 200 Freestyle (10th)
Francesco Serafini – 50 Backstroke (6th)

13 Year Old Boys:

Daniel Gibbs – 200 Butterfly (10th)
Benjamin Hunter – 100 Butterfly (10th), 200 Butterfly (5th)
Nicholas Pacheck – 500 IM (10th)
Kyle Peck – 100 Backstroke (5th), 200 Backstroke (7th)
Jonah Unruh – 200 Freestyle (5th), 200 Butterfly (9th)

15 Year Old Boys:

Benjamin Eichberg – 100 Breaststroke (3rd), 400 IM (9th)

16 Year Old Boys:

Lucas Johnson – 50 Freestyle (3rd), 100 Freestyle (3rd), 200 Freestyle (5th)

17 Year Old Boys:

Kyle Floyd – 100 Butterfly (7th), 200 Butterfly (10th)
Lucas Johnson – 50 Freestyle (6th), 100 Freestyle (9th), 200 Freestyle (4th)

18 Year Old Boys:

John O'Hara – 100 Freestyle (10th), 200 Freestyle (5th)

YMCA Swimming 2019 Top 16 Relay Rankings – Long Course

11-12 Girls:

200 Freestyle Relay – S. Sowers, A. Eller, L. Eichberg, G. Frick (4th)
200 Medley Relay – A. Eller, L. Eichberg, S. Sowers, G. Frick (4th)

13-14 Girls:

200 Freestyle Relay – S. Green, K. Johnson, K. Spuchesi, K. Frick (12th)
400 Freestyle Relay – E. Green, K. Frick, E. Waite, C. Clements (6th)
200 Medley Relay – S. Green, E. Waite, K. Johnson, K. Frick (9th)
400 Medley Relay – E. Green, K. Frick, E. Waite, C. Clements (8th)

15-18 Girls:

400 Freestyle Relay – C. Perdomo, A De Sir, J. Graham, C. Storen (13th)
800 Freestyle Relay – C. Perdomo, K. Darenbourg, M. Sizemore, C. Storen (11th)
400 Medley Relay – C. Storen, K. Brooks, C. Perdomo, A. De Sir (15th)

11-12 Boys:

200 Freestyle Relay – N. Clarkson, E. Damon, L. Perdue, F. Serafini (9th)
200 Medley Relay – C. Dawson, L. Perdue, N. Kyer, N. Watts (13th)

13-14 Boys:

200 Freestyle – R. Euker, K. Peck, N. Pacheck, J. Baroody (11th)
400 Freestyle Relay – K. McGowan, S. Calder, T. Hudson, A. Green (7th)
200 Medley Relay – S. Calder, N. Pacheck, B. Hunter, K. McGowan (8th)
400 Medley Relay – S. Calder, N. Pacheck, T. Hudson, A. Green (5th)

15-18 Boys:

200 Freestyle Relay – L. Johnson, W. Ross, J. O'Hara, L. Euker (15th)
200 Medley Relay – K. Bennett, B. Eichberg, L. Johnson, J. O'Hara (16th)
400 Medley Relay – K. Bennett, B. Eichberg, L. Johnson, J. O'Hara (14th)

YMCA Swimming 2019-20 Top 16 Individual Rankings – Short Course

12 Year Old Girls:

Gwyneth Frick – 50 Freestyle (12th), 100 Freestyle (15th), 200 Freestyle (13th)

13 Year Old Girls:

Lily Eichberg – 1000 Freestyle (8th), 100 Breaststroke (10th), 200 Breaststroke (7th), 200 IM (12th)

15 Year Old Girls:

Tessa Campbell – 200 Breaststroke (4th)

Carlie Clements – 50 Freestyle (13th), 100 Freestyle (14th), 200 Freestyle (6th), 200 IM (10th)

Annika Luce – 100 Breaststroke (10th), 200 Breaststroke (12th)

Ashley Wang – 100 Backstroke (9th), 200 Backstroke (4th), 100 Butterfly (7th), 200 Butterfly (6th), 200 IM (6th), 400 IM (4th)

Fiona Williamson – 1000 Freestyle (6th), 1650 Freestyle (9th)

16 Year Old Girls:

Tessa Campbell - 100 Breaststroke (16th), 200 Breaststroke (12th)

17 Year Old Girls:

Kinsey Brooks – 100 Breaststroke (4th), 200 Breaststroke (3rd), 100 Butterfly (10th)

Kennedy Darenbourg – 1000 freestyle (2nd), 1650 Freestyle (6th)

Brooke Simila – 200 Breaststroke (8th)

18 Year Old Girls:

Kaitlyn Niesent – 50 Freestyle (11th), 100 Freestyle (14th), 1000 Freestyle (13th)

Caroline Storen – 200 Freestyle (9th), 200 Backstroke (12th), 200 IM (14th), 400 IM (12th)

13 Year Old Boys:

Kyle Peck – 100 Backstroke (9th), 200 Backstroke (9th)

14 Year Old Boys:

Nicholas Pacheck – 1000 Freestyle (13th), 1650 Freestyle (9th)

Mark Percy – 1000 Freestyle (14th)

Jonah Unruh – 500 Freestyle (8th), 1000 Freestyle (6th)

15 Year Old Boys:

John Baroody – 1000 Freestyle (13th)

Benjamin Eichberg – 100 Breaststroke (11th)

Trevor Hudson – 500 Freestyle (4th), 1000 Freestyle (1st), 1650 Freestyle (1st), 400 IM (12th)

Ian Jones – 200 Freestyle (16th), 500 Freestyle (14th)

Peyton Meyer – 1000 Freestyle (12th)

16 Year Old Boys:

Benjamin Eichberg – 50 Freestyle (14th), 200 Freestyle (15th), 100 Breaststroke (6th), 200 Breaststroke (1st), 200 IM (1st), 400 IM (2nd)

James Granger – 1000 Freestyle (15th)

William Ross – 50 Freestyle (8th), 100 Freestyle (15th), 100 Butterfly (5th)

17 Year Old Boys:

Lucas Johnson – 50 Freestyle (8th), 100 Freestyle (9th), 200 Freestyle (10th) 100 Butterfly (3rd)

Andrew Turbyfill – 1000 Freestyle (7th)

18 Year Old Boys:

Connor Brooks – 100 Butterfly (8th), 200 Butterfly (16th)

YMCA Swimming 2020 Top 16 Relay Rankings – Long Course

13-14 Girls:

800 Freestyle Relay – L. Eichberg, K. Johnson, M. Miller, G. Frick (8th)

15-18 Girls:

200 Freestyle Relay – C. Clements, N. Hidrobo, A. De Sir, K. Brooks (14th)

800 Freestyle Relay – C. Clements A. Wang, C. Storen, A. De Sir (7th)

400 Medley Relay – C. Clements, K. Brooks, A. Wang, C. Storen (16th)

13-14 Boys:

200 Freestyle Relay – K. McGowan, M. Kratowicz, K. Kaczmar, R. Euker (16th)

400 Freestyle Relay – J. Unruh, M. Pearcy, A. Spinnanger, K. Peck (15th)

800 Freestyle Relay – K. McGowan, J. Unruh, R. Euker, M. Pearcy (3rd)

15-18 Boys:

800 Freestyle Relay – L. Euker, B. Eichberg, L. Osleger, T. Hudson (15th)

400 Medley Relay – L. Osleger, B. Eichberg, C. Brooks, L. Euker (7th)

2019-20 Scholastic All-America Team

Benjamin Eichberg

Lucas Johnson

**Stingray Members of the Virginia Swimming All Star Team
2018-2020 Short & Long Course Seasons**

9-10 Girls:

Sidney Johnson-SC '19-20

11-12 Girls:

Lily Eichberg-SC '18-19, LC '19
Gwyneth Frick-SC '19-20

11-12 Boys:

Lance Young-SC '18-19

13-14 Girls:

Lily Eichberg-SC '19-20
Asher Joseph-SC '19-20

13-14 Boys:

Nicholas Pacheck-SC '19-20
Jonah Unruh-SC '19-20

15-16 Girls:

Kinsey Brooks-SC '18-19
Ashley Wang-SC '19-20

15-16 Boys:

Benjamin Eichberg-SC '19-20
Trevor Hudson-SC '19-20
Lucas Johnson-SC '18-19, LC '19

17-18 Girls:

Kinsey Brooks-SC '19-20
Michaela Sizemore-SC '18-19

17-18 Boys:

Kyle Floyd-SC '19-20

Stingray Team Records (Yards) 2019-2021

Short Course Yards – Female

13-14	50 Free	24.32	20-Feb-20	RAYS VA	NATALIA HIDROBO at HS States
15-16	500 Free	4:58.84	20-Feb-20	RAYS VA	ASHLEY WANG at HS States
	100 Back	55.43	16-Mar-21	RAYS VA	ASHLEY WANG at NCSA JN
	200 Back	2:01.71	22-Nov-19	RAYS VA	ASHLEY WANG at Swim & Rock
	100 Fly	55.53	16-Mar-21	RAYS VA	ASHLEY WANG at NCSA JN
	200 IM	2:03.25	16-Mar-21	RAYS VA	CARLIE CLEMENTS at NCSA JN
	400 IM	4:24.19	5-Mar-20	RAYS VA	ASHLEY WANG at SR Champs
17-18	200 Breast	2:16.20	4-Mar-21	RAYS VA	KINSEY BROOKS at SR Champs
Senior	100 Back	55.43	16-Mar-21	RAYS VA	ASHLEY WANG at NCSA JN
	200 Back	2:01.71	24-Nov-19	RAYS VA	ASHLEY WANG at Swim and Rock
	200 Breast	2:16.20	4-Mar-21	RAYS VA	KINSEY BROOKS at SR Champs
	800 Free Relay	7:42.33	5-Mar-20	RAYS VA	C. CLEMENTS, A. WANG, C. STOREN, A. DE SIR at SR Champs
	400 Medley R.	3:50.37	16-Mar-21	RAYS VA	J. KAPP, K. BROOKS, A. WANG, C. CLEMENTS @ NCSA JN

Short Course Yards – Male

8 & U	500 Free	7:21.99	12-Feb-21	RAYS VA	DECLAN PARKER at 12 & U CH
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13-14	500 Free	4:49.85	12-Dec-19	RAYS VA	JONAH UNRUH at NBAC Invite
	100 Back	51.94	11-Dec-20	RAYS VA	KYLE PECK at VSTP Invite
	800 Free Relay	7:21.71	12-Mar-20	RAYS VA	K. MCGOWAN, J. UNRUH, R. EUKER, M. PEARCY @ AG CH
15-16	500 Free	4:33.49	16-Mar-21	RAYS VA	TREVOR HUDSON at NCSA JN
	1000 Free	9:25.22	4-Mar-21	RAYS VA	TREVOR HUDSON at SR Champs
	1650 Free	15:52.07	16-Mar-21	RAYS VA	TREVOR HUDSON at NCSA JN
	100 Breast	57.75	22-Nov-19	RAYS VA	BEN EICHBERG at Swim & Rock
	200 Breast	2:02.63	5-Mar-20	RAYS VA	BEN EICHBERG at SR Champs
	400 IM	4:01.07	5-Mar-20	RAYS VA	BEN EICHBERG at SR Champs
17-18	1000 Free	9:40.71	4-Mar-21	RAYS VA	ANDREW TURBYFILL at SR CH
	100 Breast	55.82	4-Mar-21	RAYS VA	BEN EICHBERG at SR Champs
	100 Fly	48.99	7-Feb-20	RAYS VA	LUKE JOHNSON at HS Region CH
	200 Free R.	1:24.89	16-Mar-21	RAYS VA	B. EICHBERG, J. SPINNANGER, M. SERAFINI, L. EUKER @ NCSA
	400 Free R.	3:09.63	16-Mar-21	RAYS VA	B. EICHBERG, C. HENSEN, L. OSLEGER, L. EUKER @ NCSA JN
Senior	500 Free	4:33.49	16-Mar-21	RAYS VA	TREVOR HUDSON at NCSA JN
	1000 Free	9:25.22	4-Mar-21	RAYS VA	TREVOR HUDSON at SR Champs
	1650 Free	15:52.07	16-Mar-21	RAYS VA	TREVOR HUDSON at NCSA JN
	100 Breast	55.82	4-Mar-21	RAYS VA	BEN EICHBERG at SR Champs
	100 Fly	48.99	7-Feb-20	RAYS VA	LUKE JOHNSON at HS Region CH
	200 Medley R.	1:34.10	16-Mar-21	RAYS VA	K. PECK, B. EICHBERG, M. SERAFINI, L. EUKER @ NCSA JN
	400 Medley R.	3:25.67	16-Mar-21	RAYS VA	K. PECK, B. EICHBERG, M. SERAFINI, L. EUKER @ NCSA JN

Stingray Team Records (Meters) 2019

Long Course Meters – Female

8 & U	200 Medley R.	3:06.06	14-Jun-19	RAYS VA	I. CRAMER, M. LANGE, S. DUFFY, K. BARNES at SRVA Invite
13-14	100 Free	1:00.79	25-Jul-19	RAYS VA	CARLIE CLEMENTS at AG CH
17-18	100 Back	1:07.49	18-Jul-19	RAYS VA	CAROLINE STOREN at SR CH =

Long Course Meters – Male

15-16	50 Free	24.57	18-Jul-19	RAYS VA	LUKE JOHNSON at SR Champs
	100 Free	53.24	14-Jun-19	RAYS VA	LUKE JOHNSON at SRVA Invite
17-18	200 Free	1:54.34	* 1-Aug-19	RAYS VA	LUKE JOHNSON at EZ SR CH

Senior	200 Free	1:54.34	* 1-Aug-19	RAYS VA	LUKE JOHNSON at EZ SR CH
	200 Medley R.	1:50.77	18-Jul-19	RAYS VA	K. BENNETT, B. EICHBERG, L. JOHNSON, J. O'HARA at SR CH

2019 – Long Course Championship Qualifiers

2019 Eastern Zone Age Group Championships

Collegiate School Aquatics Center, Richmond, VA
August 7-10, 2019

John Baroody

Logan Euker

2019 Senior Zone Championships

Erie Community College, Buffalo, New York
August 1-4, 2019

Connor Brooks
Kyle Floyd
Annika Luce

Kinsey Brooks
Lucas Johnson
Cristal Perdomo

Aleena De Sir
Jenna Kapp
Andrew Turbyfill

2019 VSI Age Group Championships

Christiansburg Aquatic Center, Christiansburg, Virginia
July 25-28, 2019

Joseph Barnes
Nicholas Clarkson
Caleb Dawson
Aaron Euker
Kalina Frick
Emma Green
Trevor Hudson
Sidney Johnson
Takoda MacDougall
Claire Miller
Kyle Peck

Laney Barnes
Carlie Clements
Savannah Duffy
Regan Euker
Daniel Gibbs
Sarah Green
Benjamin Hunter
Keegan Kaczmar
Kevin McGowan
Nicholas Pacheck
Landon Perdue

John Baroody
Ethan Damon
Lily Eichberg
Gwyneth Frick
Andrew Green
Natalie Hidrobo
Kathryn Johnson
Michael Kratowicz
Peyton Meyer
Mark Percy
Samantha Sowers

Jonah Unruh

Jillian Wedding

2019 VSI Senior Champs

Liberty University, Lynchburg, Virginia
July 18-21, 2019

Kevin Bennett
Kennedy Darensbourg

Connor Brooks
Aleena De Sir

Kinsey Brooks
Ben Eichberg

Dylan Eichberg
Christopher Farrell
Jimmy Granger
Cole Hensen
Luke Johnson
Annika Luce
Lauren Meyer
Luke Osleger
Natalia Perdomo
Massimo Serafini
Jack Spinnanger
Carter Wasser

Logan Euker
Kyle Floyd
Parker Hayungs
Jackson Hunter
Jenna Kapp
Marie Macaluso
John O'Hara
Bridgette Pearson
Genevieve Ross
Brooke Simila
Caroline Storen
Davis Wheeler

Moira Euker
Jeanie Graham
Chase Hensen
Preston Hunter Jr.
Joshua Lavender
Thomas McGowan
Lexi Osleger
Cristal Perdomo
William Ross
Michaela Sizemore
Andrew Turbyfill
Fiona Williamson

2019-20 – Short Course Championship Qualifiers

2019 Winter Juniors

Georgia Tech, McAuley Aquatic Center, Atlanta, GA
December 10-14, 2019

Kinsey Brooks

Lucas Johnson

2020 VSI Age Group Championships

Christiansburg Aquatic Center, Christiansburg, Virginia
March 12-15, 2020

Liam Anderson
Laney Barnes
Robert Dykman
Regan Euker
Sarah Green
Kathryn Johnson
Asher Joseph
Kevin McGowan
Molly Miller
Mark Percy
Samantha Sowers
Jonah Unruh

Tristan Avery
Madison Bean
Ava Eddy
Gwyneth Frick
Luke Howell
Sidney Johnson
Michael Kratowicz
Claire Miller
Ryan Moore
Kyle Peck
Andrew Spinnanger
Landon Watterson

Kelsey Barnes
Nicholas Clarkson
Lily Eichberg
Danny Gibbs
Benjamin Hunter
London Jones
Noah Kyer
Lukas Miller
Nicholas Pacheck
Landon Perdue
Wayne Thomason III
Raegan Wood

2020 VSI Senior Championships

Collegiate School Aquatics Center, Richmond, Virginia

March 5-8, 2020

John Baroody
Madison Brown
Kennedy Darensbourg
Logan Euker
Andrew Green
Claire Hebertson
Trevor Hudson
Ian Jones
Annika Luce
Thomas McGowan
Kaitlyn Niesent
Nicholas Pacheck
Nathan Pechacek
Cristal Perdomo
Brooke Simila
Andrew Turbyfill
Ashley Wang

Connor Brooks
Tessa Campbell
Aleena De Sir
Kalina Frick
Emma Green
Chase Hensen
Jackson Hunter
Jenna Kapp
Jackson Lusk
Lauren Meyer
Macy O'Reilly
Mark Percy
Kyle Peck
Massimo Serafini
Jack Spinnanger
Jonah Unruh
Carter Wasser

Kinsey Brooks
Carlie Clements
Benjamin Eichberg
James Granger
Marie Han
Natalie Hidrobo
Luke Johnson
Nicole Koch
Smith Martin
Peyton Meyer
Luke Osleger
Bridgette Pearson
Sophia Penton
Brooke Simila
Caroline Storen
Emily Waite
Jillian Wedding

Fiona Williamson

Marissa Woodworth

2021 – Short Course Championship Qualifiers

NCSA JUNIOR NATIONALS

Rosen Aquatic and Fitness Center, Orlando, FL

March 16-20, 2021

Kinsey Brooks
Benjamin Eichberg
Trevor Hudson
Luke Osleger
Massimo Serafini

Tessa Campbell
Logan Euker
Jenna Kapp
Kyle Peck
Jack Spinnanger
Ashley Wang

Carlie Clements
Chase Jensen
Annika Luce
Nathan Puchalski
Andrew Turbyfill

2021 VSI Age Group Championships
Jeff Rouse Swim and Sport Center, Stafford, Virginia
March 11-14, 2021

Malachi Caballero
Caleb Dawson
Aaron Euker
Sarah Green
Sidney Johnson
Claire Miller
Molly Miller
Keegan Parker
Wayne Thomason III

Nicholas Clarkson
Savannah Duffy
Gwyneth Frick
Paige Heiken
Noah Kyer
Evie Miller
Ryan Moore
Samantha Sowers
Georgia Verbel
Raegan Wood

Cameron Cook
Lily Eichberg
Madelynn Gordon
Kristian Henderson
Luke Martin
Lukas Miller
Paul-Anthony Morin
Leonard Struder IV
Landon Walker

2021 VSI Senior Championships
Collegiate School Aquatics Center, Richmond, Virginia
March 4-7, 2021

John Baroody
Samuel Calder
Aleena De Sir
Logan Euker
Kalina Frick
Andrew Green
Claire Hebertson
Trevor Hudson
Kathryn Johnson
Jenna Kapp
Smith Martin
Lauren Meyer
Luke Osleger
Mark Pearcy
Kyle Peck
Massimo Serafini
Andrew Turbyfill
Carter Wasser

Ian Bennett
Tessa Campbell
Benjamin Eichberg
Regan Euker
Daniel Gibbs
Emma Green
Chase Hensen
Benjamin Hunter
Ian Jones
Annika Luce
Kevin McGowan
Peyton Meyer
Nicholas Pacheck
Bridgette Pearson
Cristal Perdomo
Andrew Spinnanger
Jonah Unruh
Ashton Watterson
Marissa Woodworth

Kinsey Brooks
Carlie Clements
Lily Eichberg
Gwyneth Frick
James Granger
Ali Hassan
Natalie Hidrobo
Jackson Hunter
Asher Joseph
Jackson Lusk
Thomas McGowan
Molly Miller
Morgan Parker
Garrett Peck
Nathan Puchalski
Jack Spinnanger
Ashley Wang
Fiona Williamson