



Annual Picnic and General Membership Meeting

April 22, 2023

Agenda:

General Meeting – Michael Kainu

Board Election Results – Michael Kainu

Lunch

Scholarship Winners – Michael Kainu

Swimmer Award Presentations – Coaching Staff

Closing Remarks – Michael Kainu





Dear RAYS Families,

Welcome to the 2023 Annual Picnic and Membership Meeting.

It has truly been a privilege and honor to serve as President of the RAYS Board of Directors during the past year. I am thankful to have had such a dedicated group of volunteer parents to serve alongside the Board. I want to thank all the coaches for the countless hours they dedicate to our children and being positive influences in their lives. Finally, I want to thank the parents who stepped up to volunteer over the course of the season. It isn't an exaggeration to say we could not have run the meets without you!

The RAYS would not exist if it were not for our swimmers. To you, I say congratulations for such a successful short course season which was celebrated with achievements ranging from personal best times to new team records.

Highlights:

- 1st Place finish at both the 12&U and 13&O District Championship Meets
- Top 10 team finishes at both Senior and Age Group Champs
- 43 new RAYS Individual Records
- 13 new RAYS Relay Records

Something that many people approached the Board about was the opportunity for more travel meets. During the coming long course season, all swimmers will have the opportunity to swim at travel meets in June in Greensboro, NC, or Winchester, VA, in addition to other qualifier meets during the season. I hope families will plan to participate in at least one of those travel meets.








Looking forward, the future for the RAYS is bright as we evolve as a club. We are excited to have incorporated the use of the SwimStrong Dryland training program to enhance the team's dryland program. Additionally, the RAYS started using technology offered by TritonWear to provide coaches with real time data that will indicate precisely what each swimmer is doing in the water for the coaches to evaluate and maximize each swimmer's potential. The Board, in collaboration with Executive Director Bob Herlinger, Coach Anthony and his staff are also developing the first RAYS Strategic Plan which will map out the team's focus and priorities to provide direction for the club in the years to come.









On behalf of the RAYS Board of Directors, thank you to everyone who contributes to making the RAYS the premier swim team in the Fredericksburg area.
Go RAYS!!!!






Michael Kainu, President

“Best of Luck to the Class of 2023”

"You must have some vision for your life. Even if you don't know the plan, you have to have a direction in which you choose to go." Oprah

	Ian Bennett
	Samuel Calder
	Carlie Clements East Carolina University
	Regan Euker Roanoke College
	Evan Frey Coastal Carolina University
	Danny Gibbs U. S. Merchant Marine
	AJ Green University of Mary Washington
	Emma Green Barton College
	Zachary Hubbard Randolph-Macon College

	<p>Trevor Hudson West Virginia University</p>
	<p>Ian Jones George Mason University</p>
	<p>Matt Jones Marymount University</p>
	<p>Asher Joseph Virginia Tech University</p>
	<p>Michael Kratowicz</p>
	<p>Teighan MacDougall</p>
	<p>Kevin McGowan</p>
	<p>Peyton Meyer Roanoke College</p>
 <p>Middlebury College</p>	<p>Mark Percy Middlebury College</p>
	<p>Katelyn Spuchesi Randolph College</p>

	<p>Alexis Thai-Nguyen Christopher Newport University</p>
	<p>Jonah Unruh Providence College</p>
	<p>Ashley Wang Columbia University</p>
	<p>Jillian Wedding Ithaca College</p>
	<p>Fiona Williamson</p>
	<p>Kiyan Zahabi Embry-Riddle Aeronautical University</p>



Special Thanks to All Those Parents Who Volunteer to Officiate!

<u>Name</u>	<u>Club</u>	<u>LSC Certifications</u>	<u>National Certifications</u>	<u>Level</u>
Kristen Baroody	RAYS	Stroke & Turn		
Julie Bean	RAYS	Stroke & Turn Chief Judge Starter		
Sally Bennett	RAYS	Stroke & Turn		
Adela Bertoldi	RAYS	Stroke & Turn – Trainee		
Joseph Bertoldi	RAYS	Stroke & Turn		
Heather Brown	RAYS	Administrative Official Timing Equipment Operator		
Robert Davies	RAYS	Stroke & Turn Chief Judge Starter – Trainee		
ReNaye Davis	RAYS	Stroke & Turn Starter		
Rich Emery	RAYS	Stroke & Turn Chief Judge Starter		
Bill Fairfax	RAYS	Stroke & Turn Chief Judge Starter Referee/Deck Referee Administrative Official Timing Equipment Operator	Stroke & Turn Starter	N3 N2
Steve Floyd	RAYS	Stroke & Turn	Stroke & Turn	N2
Nancy Green	RAYS	Stroke & Turn		
Megan Hubbard	RAYS	Stroke & Turn Chief Judge Starter Administrative Official		
George Hunter	RAYS	Stroke & Turn Chief Judge Starter Referee/Deck Referee		
Steve Johnson	RAYS	Stroke & Turn		
Mike Kainu	RAYS	Stroke & Turn Chief Judge Starter Referee/Deck Referee		
Jeff Kratowicz	RAYS	Stroke & Turn Chief Judge – Trainee		
David Lansing	RAYS	Stroke & Turn		
Trevor MacGavin	RAYS	Stroke & Turn Chief Judge		
Kendall Martin	RAYS	Stroke & Turn		
Debby Martinich	RAYS	Administrative Official Computer Operator		

<u>Name</u>	<u>Club</u>	<u>LSC Certifications</u>	<u>National Certifications</u>	<u>Level</u>
Tony Martinich	RAYS	Stroke & Turn Chief Judge Starter Referee/Deck Referee Open Water Referee Open Water Judge		
Jennifer Muhlenkamp	RAYS	Stroke & Turn		
Karla Poley	RAYS	Administrative Official		
Ryan Shrout	RAYS	Stroke & Turn		
Karen Sizemore	RAYS	Stroke & Turn Administrative Official Computer Operator Timing Equipment Operator		
Michael Sizemore	RAYS	Stroke & Turn Chief Judge Starter Referee/Deck Referee Administrative Referee	Stroke & Turn Chief Judge Starter Referee/Deck Referee Administrative Referee	N3 N2 N2 N2 N2
Chris Sowers	RAYS	Stroke & Turn Chief Judge	Stroke & Turn	N2
Stephanie Suhling	RAYS	Stroke & Turn Chief Judge Starter Referee/Deck Referee Administrative Referee Open Water Referee Open Water Judge Clerk of Course	Stroke & Turn Chief Judge Starter Referee/Deck Referee	N3 N2 N2 N2
Joshua Sung	RAYS	Stroke & Turn		
Bobbi Taylor-Parker	RAYS	Stroke & Turn Chief Judge		
Debbie Thomason	RAYS	Stroke & Turn Chief Judge		
Wayne Thomason	RAYS	Stroke & Turn Starter		
Dawn Weeks	RAYS	Stroke & Turn Chief Judge Starter		
Roxana Yawgel	RAYS	Stroke & Turn Administrative Official		

2022-2023 Stingray Team Roster

Thirteenth Year Stingray Swimmers:

Ashley Wang

Fiona Williamson

Twelfth Year Stingray Swimmers:

Benjamin Hunter

Alexis Thai-Nguyen

Eleventh Year Stingray Swimmers:

Carlie Clements

Lily Eichberg

Tenth Year Stingray Swimmers:

Madison Bean
Peyton Meyer

Regan Euker
Ryan Moore

Emma Green

Ninth Year Stingray Swimmers:

Savannah Duffy
Andrew Spinnanger

Kevin McGowan
Julia Storen

Claire Miller
Kiyana Zahabi

Eighth Year Stingray Swimmers:

Brody Davies
Trevor Hudson
Kylie Platenik

Aaron Euker
Teighan MacDougall
Sophie Tse

Josh Gibbons
Luke Martin

Seventh Year Stingray Swimmers:

Craig Bennett
Abbey Gardiner
Michael Kratowicz
Owen Parker
Sami Sowers

Ian Bennett
Mikayla Kainu
Koda MacDougall
Mark Pearcy
Jonah Unruh

Morgan Brown
London Kelson
Austin Parker
Kyle Peck
Landon Watterson

Sixth Year Stingray Swimmers:

Isabel Baroody
Malachi Caballero
Cameron Cook
Ava Eddy
Samantha Engel

Seth Baseler
Nick Clarkson
Hannah De Sir
Aly Eller
Evan Frey

Kathryn Bennett
Kayla Conley
Roman De Sir
Hannah Ellis
Nathan Frey

Danny Gibbs
Kristian Henderson
Caleb Howell
Kathryn Kainu
Gabriella Mercurio
Scott Palko
Emma Roberson
Anabelle Simons
Katelyn Spuchesi
Wayne Thomason III
Emily Weeks

AJ Green
Alison Ho
Katelyn Howell
Isabelle Long
Ethan Munoz
Declan Parker
Adrie Ryan
Carden Simons
Aubrey Struder IV
Georgia Verbel
Colton White

Sarah Green
Aiden Holland
Sid Johnson
Brooklyn McGuin
Summer Munoz
Sara Parker
Nathan Ryan
Madison Simons
Jordan Thomason
Jillian Wedding
Raegan Wood

Fifth Year Stingray Swimmers:

Tristan Avery
Khloe Cannedy
Kendrick Green
Joleen Johnson
Lily Knerr
Ethan Long
Paityn Morin
Gabbie Ryan
Aden Stephens
Stephen Thrasher
Sami Williams

Jake Brown
Piper Eddy
Jason Ho
Claire Kaiman
Ava Krushinski
Griffin Lusk
Addison Muhlenkamp
Samantha Ryan
Lizzy Struder
Ben Valentine
Levee Winborne

Sam Calder
Evan Fairfax
Isabelle Humphreys
Lina Kaya
Maddy Lange
Maddy Majeski
Peighton Redding
Brynlee Simons
Christopher Thomas
Cameron Weston

Fourth Year Stingray Swimmers:

Kaitlyn Adams
Elise Baril
Noah Buttram
Sophia Connolly
Brooke Flynn
Julia Grace Garalde
Carter Holland
Ian Jones
Katherine Kaza
Tyler Kopp
Tate MacDougall
Emily Miles
Noelia Olivares

Alexys Anatol
Baileigh Bergeron
Thomas Coffey
Joe DeCrisci
Gray Flynn
Marshall Higgins
Kira Howell
London Jones
Olivia Kim
Leah Krushinski
Lorelei McCormick
Cate Miller
Matthew Palko

Julian Ayala
Jillian Bertoldi
William Coffey
Derek Dykman
John Gabriel Garalde
Kayden Hitt
Bree Johnson
Asher Joseph
Trevor Kin
Savannah Lerch
Allyson Miles
Anthony Mugavero
Cecie Ryan

Merrick Simons
Iris Torres
Jake Williams

Jayden Sung
Ciara Whaley
Riley Williams

Carter Theado
Emma Williams
Tiffany Yawgel

Third Year Stingray Swimmers:

Cora Anderson
Savannah Buttram
Brennan Duffy
Falyn Green
Leah Humphreys
Kathleen Kohl
Ainsley Liggins
Molly Miller
Aaliyah Peterson
Jake Taylor

Audrey Boetig
Gabriel Courtney
Mckenzie Ellis
Emma Howes
Kennedy Hunt
Ellie Kopp
Liam Long
Ethan Mugavero
Hannah Phillips
Aiden Weis

Charlotte Brooks
Adrianna Dimmer
Joslyn Evans
Zack Hubbard
Stafford Hunt
Reed Lansing
Evie Miller
William Perry
Presley Saldana
Maya Xaviar

Second Year Stingray Swimmers:

Greta Anglemyer
Devin Archibald
Christopher Barnes
Elise Bauer
Hailey Bothel
Sophia Ceontea
Alison Chen
Giuliana Cianci
CJ Crocker
Lucas Dimmer
Z Draper
Sawyer Durham
Chrysanthi Euripides
Austin Foster
Beckett Green
Davia Hoover
Paulina Ilina
Bryce Johnson
Xander Kakosso
Addy Lewis
Nathanael Lungoccia
Sophia Maticic

Michael Anglemyer
Liam Armijo
Maryn Barnes
Jacob Beck
Abby Brust
Kaily Chau
Matthew Christianson
Jack Cianci
Henry Dahart
Brycen Dix
Bailey Duffy
Kiley Eadie
Michael Fiermen
Jack French-Lujan
Nathan Haberkost
Tommy Horton
Alrick Jochum
Myra Johnson
Aryan Kaushal
Chase Lipscomb
Tristan MacDougall
Patrick McOsker

Collin Archibald
Ethan Balough
Calista Barrett
Ellie Beverly
William Calder
Aiden Chen
Ryan Christianson
Rita Cobean
Jackson DeLoach
Claire Doty
Gleason Durham
Leonardo Eidukaitis
Ella Fisher
Xavier Grant
Ethan Hacking
Avery Hudson
Clarice Jochum
Aaron Jung
Jared Kessler
Giana Lungoccia
Lukas Maticic
Ryan McOsker

Tamara Mejia
Gabriel Mlynarski
Emme Ouellette
Edward Palomo
Vincent Phan
CJ Smith
Erin Soutar
Catherine Taylor
George Tunaya
Finn Whitis

Carter Michalik
Kara Morgan
Hudson Ouellette
Javier Palomo
Alex Pineiro
Matthew Smithley
Aiden Sprake
Lily Thomas
Matthew Villanueva
Drake Williams

Chase Miller
Tina Nguyen
Eileen Oum
Laila Paxton
KJ Ruiz, Jr.
Simon Smithley
Haley Starnes
Tre Threatt
Molly Watts
Tenley Wood

Mary Ackerson
Luke Adcock
Blair Arends
Harper Aylor
Amelia Beck
Avery Benjamin
Sara Benyam
Hannah Blevins
Emily Brooks
Jack Campbell
Lucas chao
Jacob Cicholski
Ruari Curren
Ethen Daniels
Brechan Douglas
Abigail Dunlap
Ryland Fendt
Deacon Fuller
Reagan Gabbard
Aubree Garner
Emma Gibbs
Adonis Greene Bradby
Liam Hickman
Laila Hollister
Nick Iannucci
Rebecca Jarrett
Mac Jones

First Year Stingrays

Alyssa Acosta Leon
Morgan Adkins
Brayden Arends
Harper Barnes
Mason Beirne
Adonai Benyam
Matt Beverly
Jack Bridy
Izzy Burdge
Micah Carpenter
Alan Chau
Sean Crawford
Ishaan Dangol
Alice DeLoach
Javien Draper
Alexandra Engel
Abigail Ferguson
Hayden Gabbard
Jovi Gallagher
Avery Gasiorowski
Christian Green
Emmilyn Hamilton
Nick Hinzman
Landon Hudson
David Irby
Will Jarrett
Nora Jones

Zachary Adams
Asher Almeida
Avery Aylor
Kiara Barrantes
Aubrey Beland
Maraki Benyam
Colby Blevins
Kate Bridy
Maxim Burdge
Kaci Chambers
Aden Chenoweth
Aoife Curren
Samik Dangol
Charlotte Dick
Maverick Draper
Erin Fard
Erin Fuller
Jordan Gabbard
Katie Gallagher
Jonah Gauthier
Thomas Green
Zeke Hamilton
Kendall Hoiska
Michael Huillca
Dillon Jackson
Lily Jones
Hazel Kaya

Fiona Klapp
Erin Kohl
Brecken Lacey
Nathan MacGavin
Leila Marsh
Sydney McPherson
Scarlett Miller
Sobat Munir
Hannah Perkey
Emily Pyryt
Declan Quinn
Maxim Rico
Robbie Ruiz
Samantha Schillo
Colin Shay
Owen Shrout
Juni Snow
Asha Swink
Sarah Terebesi
Rocco Visoni
Logan Wohler
Amelia Worthington
Evie Yanase

Olivia Klapp
Isabella Koons
Gemma Layton
Arya Mangano
Mckenna McLachlan
Riley Meadows
Morgan Moore
Syd Myers
Spencer Pierson
Molly Pyryt
Gunnar Quinn
Eva Rios
Isaac Salyers
Cooper Searles
Grace Shrout
Jonah Smigielski
Darcey Soutar
Amelia Tartaglia
Beau Thompson
Colin Weston
Liam Woodward
Aria Worthington
Aaron Young

Harley Knutson
Paige Kopp
Ethan Lee
Gabe Marsh
Bryn McPherson
Nolan Meidt
Levi Morrow
Ryan Pecci
Breezy Porter
Penny Pyryt
Zachary Recinos
Sutton Roberson
Graham Schietinger
Kevin Seong
Jack Shrout
Noelle Smigielski
Jaxon Sprake
Shelby Taylor
Rhett Thompson
Gradie Whitis
Lukey Woodward
Tyler Wright
Ali Zuniga



Currently Top 3.5% of Teams in USA Swimming
(121st out of 3,100+ Clubs)

Our Accomplishments for the 2021-2023 Short and 2022 Long Course Seasons:

2022 Scholastic All-America Team

Kyle Peck

2022 National Select Camp

Kyle Peck

VA Swimming Records Broken

Kyle Peck – 100 Backstroke – 15-16 & Open – 47.08, 17-18 – 47.21

Boys 17-18 400 Freestyle Relay – 3:00.12
Ian Jones, Samuel Calder, Trevor Hudson, Kyle Peck

Virginia Swimming All Star Team

10 & U Girls

Elizabeth Kopp – LC
Tenley Wood – LC

11-12 Girls

Savannah Duffy – SC
Ava Eddy – LC
Sidney Johnson – SC

13-14 Girls

Sami Sowers – SC

15-16 Girls

Asher Joseph – SC & LC

17-18 Girls

Carlie Clements – SC
Ashley Wang – SC & LC

11-12 Boys

Aaron Euker – SC

13-14 Boys

Ryan Moore – LC

15-16 Boys

Sam Calder – SC & LC
Kyle Peck – SC & LC

17-18 Boys

Benjamin Eichberg – SC
Trevor Hudson – SC & LC
Ian Jones – SC & LC
Peyton Meyer – LC
Nathan Puchalski – SC & LC

2023 VSI Athlete Committee

Fiona Williamson

Stingray Team Records (Meters) 2022

Long Course Meters – Female

15-16	50 Free	27.19	14-Jul-22	RAYS- VA	ASHER JOSEPH at SR Champs
17-18	50 Free	27.41	14-Jul-22	RAYS- VA	CARLIE CLEMENTS at SR CH
	100 Back	1:05.20	14-Jul-22	RAYS- VA	ASHLEY WANG at SR Champs
	200 Back	2:22.31	14-Jul-22	RAYS- VA	ASHLEY WANG at SR Champs
Senior	50 Free	27.19	14-Jul-22	RAYS- VA	ASHER JOSEPH at SR Champs
	100 Back	1:05.20	14-Jul-22	RAYS- VA	ASHLEY WANG at SR Champs
	400 Free Relay	4:00.81	14-Jul-22	RAYS- VA	S. SOWERS, A. JOSEPH, A. WANG, C. CLEMENTS at SR CH

Long Course Meters - Male

13-14	50 Free	25.28	21-Jul-22	RAYS- VA	RYAN MOORE at AG Champs
15-16	50 Free	24.45	27-Jul-22	RAYS- VA	SAM CALDER at NCSA JN
	100 Free	52.92	27-Jul-22	RAYS- VA	SAM CALDER at NCSA JN
	50 Back	27.34	27-Jul-22	RAYS- VA	KYLE PECK at NCSA JN
	50 Fly	25.79	27-Jul-22	RAYS- VA	KYLE PECK at NCSA JN
	100 Fly	55.64	27-Jul-22	RAYS- VA	KYLE PECK at NCSA JN
	200 Fly	2:02.85	27-Jul-22	RAYS- VA	KYLE PECK at NCSA JN
	200 IM	2:08.88	27-Jul-22	RAYS- VA	KYLE PECK at NCSA JN
17-18	400 Free	4:05.35	14-Jul-22	RAYS- VA	TREVOR HUDSON at SR Champs
	800 Free	8:39.95	27-Jul-22	RAYS- VA	TREVOR HUDSON at NCSA JN
	1500 Free	16:25.04	27-Jul-22	RAYS- VA	TREVOR HUDSON at NCSA JN
	100 Fly	55.91	14-Jan-23	RAYS- VA	KYLE PECK at NOVA Winter Invite
Senior	400 Free	4:05.35	14-Jul-22	RAYS- VA	TREVOR HUDSON at SR Champs
	1500 Free	16:25.04	17-Jul-22	RAYS- VA	TREVOR HUDSON at NCSA JN
	50 Back	27.34	27-Jul-22	RAYS- VA	KYLE PECK at NCSA JN
	50 Fly	25.79	27-Jul-22	RAYS- VA	KYLE PECK at NCSA JN
	100 Fly	55.64	27-Jul-22	RAYS- VA	KYLE PECK at NCSA JN
	200 Fly	2:02.85	27-Jul-22	RAYS- VA	KYLE PECK at NCSA JN
	200 IM	2:08.88	27-Jul-22	RAYS- VA	KYLE PECK at NCSA JN
	200 Free Relay	1:36.09	14-Jul-22	RAYS- VA	S. CALDER, K. FLOYD, T. HUDSON, L. EUKER at SR CH
	400 Free Relay	3:32.62	14-Jul-22	RAYS- VA	S. CALDER, K. FLOYD, T. HUDSON, L. EUKER at SR CH
	800 Free Relay	7:53.87	27-Jul-22	RAYS- VA	P. MEYER, S. CALDER, T. HUDSON, K. PECK at NCSA JN
200 Medley R.	1:47.08	14-Jul-22	RAYS- VA	K. PECK, W. WALLACH, K. FLOYD, T. HUDSON at SR CH	
400 Medley R.	3:53.35	14-Jul-22	RAYS- VA	K. PECK, W. WALLACH, K. FLOYD, S. CALDER at SR CH	

Stingray Team Records (Yards) 2022-23

Short Course Yards – Female

10 & U	200 Breast	3:07.89	7-Jan-23	RAYS- VA	ELLIE KOPP at Jeff Rouse Invite
13-14	100 Fly	56.72	22-Mar-23	RAYS- VA	SAVANNAH DUFFY at NCSA AG CH
	400 Free Relay	3:37.97	22-Mar-23	RAYS- VA	A. EDDY, S. DUFFY, E. MILLER, S. JOHNSON at NCSA AG CH
	400 Medley R.	4:01.79	22-Mar-23	RAYS- VA	S. JOHNSON, H. ELLIS, S. DUFFY, A. EDDY at NCSA AG CH

Short Course Yards – Male

8 & U	25 Free	14.35	21-Jan-23	RAYS- VA	BRENNAN DUFFY at Duck Bowl
13-14	50 Free	21.88	1-Dec-22	RAYS- VA	RYAN MOORE at Nutcracker CL
	100 Free	48.24	1-Dec-22	RAYS- VA	RYAN MOORE at Nutcracker CL
15-16	50 Free	20.56	7-Dec-22	RAYS- VA	KYLE PECK at Winter JR Champs
	100 Back	47.08	7-Jan-23	RAYS- VA	KYLE PECK at Jeff Rouse Invite
	100 Fly	47.58	7-Dec-22	RAYS- VA	KYLE PECK at Winter JR Champs
17-18	50 Free	20.35	2-Mar-23	RAYS- VA	KYLE PECK at SR Champs
	100 Free	44.41	14-Mar-23	RAYS- VA	KYLE PECK at NCSA JN Champs
	200 Free	1:39.60	2-Mar-23	RAYS- VA	TREVOR HUDSON at SR Champs
	500 Free	4:29.60	14-Mar-23	RAYS- VA	TREVOR HUDSON at NCSA JN CH
	1000 Free	9:15.57	14-Mar-23	RAYS- VA	TREVOR HUDSON at NCSA JN CH
	1650 Free	15:39.08	14-Mar-23	RAYS- VA	TREVOR HUDSON at NCSA JN CH
	100 Back	47.21	16-Feb-23	RAYS- VA	KYLE PECK at Class 4 State CH
	200 Back	1:43.11	14-Mar-23	RAYS- VA	KYLE PECK at NCSA JN Champs
	100 Fly	47.09	2-Mar-23	RAYS- VA	KYLE PECK at SR Champs
	200 Fly	1:45.11	14-Mar-23	RAYS- VA	KYLE PECK at NCSA JN Champs
	200 Free Relay	1:22.82	14-Mar-23	RAYS- VA	S. CALDER, I. JONES, T. HUDSON, K. PECK at NCSA JN CH
	400 Free Relay	3:00.12	14-Mar-23	RAYS- VA	I. JONES, S. CALDER, T. HUDSON, K. PECK at NCSA JN CH
	800 Free Relay	6:39.20	14-Mar-23	RAYS- VA	S. CALDER, I. JONES, T. HUDSON, K. PECK at NCSA JN CH
Senior	50 Free	20.35	2-Mar-23	RAYS- VA	KYLE PECK at SR Champs
	100 Free	44.41	14-Mar-23	RAYS- VA	KYLE PECK at NCSA JN CH
	500 Free	4:29.60	14-Mar-23	RAYS- VA	TREVOR HUDSON at NCSA JN CH
	1650 Free	15:39.08	14-Mar-23	RAYS- VA	TREVOR HUDSON at NCSA JN CH
	100 Back	47.08	7-Jan-23	RAYS- VA	KYLE PECK at Jeff Rouse Invite
	200 Back	1:43.11	14-Mar-23	RAYS- VA	KYLE PECK at NCSA JN CH
	100 Fly	47.09	2-Mar-23	RAYS- VA	KYLE PECK at SR Champs
	200 Free Relay	1:22.82	14-Mar-23	RAYS- VA	S. CALDER, I. JONES,

400 Free Relay	3:00.12	14-Mar-23	T. HUDSON, K. PECK at NCSA JN CH RAYS- VA I. JONES, S. CALDER,
800 Free Relay	6:39.20	14-Mar-23	T. HUDSON, K. PECK at NCSA JN CH RAYS- VA S. CALDER, I. JONES,
200 Medley R.	1:32.98	2-Mar-23	T. HUDSON, K. PECK at NCSA JN CH RAYS- VA K. PECK, M. CABALLERO, K. MCGOWAN, S. CALDER at SR CH

2022 – Long Course Championship Qualifiers

Eastern Zone Age Group Championship

Kelsey Bird Natatorium, Ithaca, NY

August 3-6, 2022

Savannah Duffy Aaron Euker Sidney Johnson Evie Miller

Futures Championship

Geneva, OH

July 27-30, 2022

Nathan Puchalski

NCSA Summer Swimming Championship

IUPUI, Indianapolis, IN

July 27-31, 2022

Samuel Calder Trevor Hudson Ian Jones
Annika Luce Peyton Meyer Kyle Peck

VSI Age Group Championship

Collegiate School Aquatics Center, Richmond, VA

July 21-24, 2022

Calista Barrett	William Calder	Savannah Duffy
Ava Eddy	Aaron Euker	Magnus Hasty
Molly Hoben	Sidney Johnson	London Jones
Elizabeth Kopp	Savannah Lerch	Addison Lewis
Griffin Lusk	Patrick McOsker	Evie Miller
Ryan Moore	Austin Parker	Declan Parker
Jordan Thomason	Wayne Thomason	Stephen Thrasher
Landon Watterson	Emily Weeks	Tenley Wood

VSI Senior Championship
Liberty University, Lynchburg, VA
July 15-18, 2022

John Baroody	Ian Bennett	Malachi Caballero
Samuel Calder	Carlie Clements	Cameron Cook
Robert Dykman	Benjamin Eichberg	Lily Eichberg
Logan Euker	Regan Euker	Kyle Floyd
Daniel Gibbs	Andrew Green	Emma Green
Sarah Green	Davia Hoover	Zachary Hubbard
Trevor Hudson	Benjamin Hunter	Ian Jones
Asher Joseph	Michael Krutowicz	Annika Luce
Ryan McOsker	Peyton Meyer	Molly Miller
Addison Muhlenkamp	Morgan Parker	Mark Percy
Garrett Peck	Kyle Peck	Nathan Puchalski
Samantha Sowers	Andrew Spinnanger	Leonard Struder IV
Jonah Unruh	Stephen Wallach	Ashley Wang
Ashton Watterson	Jillian Wedding	David Williams
	Fiona Williamson	

2023 – Short Course Championship Qualifiers

NCSA Age Group Championship
Rosen Aquatic and Fitness Center, Orlando, FL
March 22-25, 2023

Calista Barrett	Noah Buttram	Savannah Duffy
Ava Eddy	Hannah Ellis	Aaron Euker
Abigail Ferguson	Sidney Johnson	Elizabeth Kopp
Savannah Lerch	Evie Miller	Georgia Verbel

NCSA Junior Nationals
Rosen Aquatic and Fitness Center, Orlando, FL
March 14-18, 2023

Ian Bennett	Malachi Caballero	Samuel Calder
Savannah Duffy	Lily Eichberg	Daniel Gibbs
Trevor Hudson	Ian Jones	Asher Joseph
Kevin McGowan	Peyton Meyer	Ryan Moore
Mark Percy	Kyle Peck	Samantha Sowers
Jonah Unruh		Ashley Wang

VSI Age Group Championships

Hampton Virginia Aquaplex, Hampton, Virginia

March 9-12, 2023

Calista Barrett
Brennan Duffy
Hannah Ellis
Madelynn Gordon
Savannah Lerch
Gabriel Mlynarski
Elizabeth Struder
Wayne Thomason III

Jillian Bertoldi
Savannah Duffy
Aaron Euker
Sidney Johnson
Chase Miller
Declan Parker
Jayden Sung
Georgia Verbel

Noah Buttram
Ava Eddy
Abigail Ferguson
Elizabeth Kopp
Evie Miller
Brielle Porter
Jordan Thomason
Tenley Wook

VSI Senior Championship

Collegiate School Aquatics Center, Richmond, Virginia

March 2-5, 2023

Craig Bennett
Samuel Calder
Savannah Duffy
Aaron Euker
Andrew Green
Kristian Henderson
Trevor Hudson
London Jones
Michael Kratowicz
Ryan McOsker
Ryan Moore
Mark Percy
Andrew Spinnanger
Ashley Wang
Colton White

Ian Bennett
Cameron Cook
Robert Dykman
Regan Euker
Emma Green
Davia Hoover
Benjamin Hunter
Asher Joseph
Luke Martin
Peyton Meyer
Addison Muhlenkamp
Kyle Peck
Leonard Struder IV
Jillian Wedding
Fiona Williamson

Malachi Caballero
Brody Davies
Lily Eichberg
Daniel Gibbs
Sarah Green
Zachary Hubbard
Ian Jones
Jared Kessler
Kevin McGowan
Molly Miller
Austin Parker
Samantha Sowers
Jonah Unruh
Emily Weeks